

TOE, HEEL, TOE, STEP, TOE, HEEL, TOE, STEP

- 1 Touch right toe to side and slightly forward, kick heel out
- 2 Touch right heel to side and slightly forward, point toe out
- 3 Touch right toe to side and slightly forward, kick heel out
- 4 Step right beside left
- 5 Touch left toe to side and slightly forward, kick heel out
- 6 Touch left heel to side and slightly forward, point toe out
- 7 Touch left toe to side and slightly forward, kick heel out
- 8 Step left beside right

STEP, HOLD, TOUCH, HOLD, STEP, HOLD, STEP, HOLD

- 9 Step right directly in front of left
- 10 Hold foot position
- 11 Touch left directly in front of right
- 12 Hold foot position
- 13 Step left directly behind right (weight on left)
- 14 Hold foot position
- 15 Step right directly behind left (weight on right)
- 16 Hold foot position

SIDE, BEHIND, TOUCH, TURN, SIDE, BEHIND, TOUCH, TURN

- 17 Step left to left side
- 18 Step right behind left
- 19 Touch left directly in front of right
- 20 Unwind to the right 1/4 turn (weight on right)
- 21 Step left to left side
- 22 Step right behind left
- 23 Touch left directly in front of right
- 24 Unwind to the right 1/4 turn (weight on right)

STEP, LOCK, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

- 25 Step left forward
- 26 Lock right behind left
- 27 Step left forward
- 28 Touch right to right side
- 29 Step right beside left
- 30 Touch left to left side
- 31 Step left beside right
- 32 Touch right to right side

TURN, HOLD, ROCK, STEP, CHUG, TAP, CHUG, STEP

- 33 Turn to the right 1/4 turn on ball of left foot, shift weight to right
- 34 Hold for one count
- 35 Rock back on left
- 36 Step on right in place
- 37 Hitch left leg and chug (hop) forward on right
- 38 Tap left toe beside right
- 39 Hitch left leg and chug (hop) forward on right
- 40 Step on left beside right

REPEAT