

TOUCH, TOUCH, FORWARD TRIPLES (TWICE)

- 1 & 2 Touch forward with left, left next to right, touch side with left
3 & 4 Shuffle forward left, right, left
5 & 6 Touch forward with right, right next to left, touch side with right
7 & 8 Shuffle forward right, left, right

ROCK-RETURN 1/4, STEP 1/4 DIAGONAL

- 1 & 2 Cross rock forward onto left foot, recover back onto right with 1/4 turn left, turn 1/4 left and step forward
3 & 4 Large right step forward diagonally, left ball step next to right, right ball step in place next to left
5 & 6 Large left step forward diagonally, right ball step next to left, left ball step in place next to right
7 & 8 Large right step forward diagonally, left ball step next to right, right ball step in place next to left

CROSS FRONT, RECOVER, STEP/CROSS BEHIND, RECOVER STEP

- 1 & 2 Left cross over right, recover back onto right, side step left with left foot
3 & 4 Right cross over left, recover back onto left, side step right with right foot
5 & 6 Left cross behind right, recover forward onto right, side step left with left foot
7 & 8 Right cross behind left, recover forward onto left, side step right with right foot

ROCK BACK, RECOVER FORWARD, 1/4, 1/4, 1/4, 1/4 TURN, SIDE ROCK, 1/4 TURN, RUN, RUN, LEFT 1/4 TURN STEP

- 1 & 2 Rock back onto left foot, recover forward with right, left forward step with 1/4 turn right
3 & 4 Bring right ball step next to left making 1/4 turn right, small step forward with left ball step next to right making 1/4 turn right and right step next to left making 1/4 turn right
5 & 6 Left side rock with left foot (keep foot in place), recover right, turn 1/4 left keeping left foot in place (turning foot & body)
7 & 8 Small forward step with right making 1/4 turn left, replace weight on left making 1/4 turn left, step forward with right making a 1/2 turn left (left foot in place counting 7&8. When finishing the turn, your momentum should be going back)

LEFT/RIGHT CROSSES, FORWARD ROCK, RECOVER 1/2, 1/4, 1/4, 1/2 TURNS IN PLACE

- 1 & 2 Left cross over right, recover back onto right, side step left with left foot
3 & 4 Right cross over left, recover back onto left, side step right with right foot
5 & 6 Rock forward with left, recover back onto right, 1/2 turn left with ball of left foot (keep left foot in place)
7 & 8 Small forward step with right making 1/4 turn left, replace weight on left making 1/4 turn left, step forward with right making a 1/2 turn left (left foot in place counting 7&8. When finishing the turn your momentum should be going back)

BACK TRIPLE, SIDE TRIPLE, FORWARD TRIPLE, SIDE TRIPLE

- 1 & 2 Drag back with left, back right, drag back with left
3 & 4 Drag side with right, left step together with right, drag side with right
5 & 6 Forward drag with left, right step together with left, drag forward with left
7 & 8 Drag side with right, left step together with right, drag side with right

FORWARD STEP, HOLD, 1/2 TURN, CROSS LOCK STEPS

- 1 & 2 Forward step with left, hold, right pivot turn with right and step
3 & 4 Forward step with left, right lock step behind left, forward step with left
5 & 6 Forward step with right, left lock step behind right, forward step with right
7 & 8 Forward step with left, right lock step behind left, forward step with left

FORWARD STEP, HOLD, 1/2 TURN, CROSS LOCK STEP, RUN, RUN, RUN, 1/4, 1/4 TURN

- 1 & 2 Forward step with right, hold, left pivot turn with left and step
3 & 4 Forward step with right, left lock step behind right, forward step with right
5 & 6 Run step with left forward, run step with right forward, run step with left forward (start making 1/4 turn left)
7 & 8 Right side step with right making 1/4 turn left, back step with left and right step in place
-