

## You Rock!

32 Count, 2 Wall, Improver

Choreographer: Gordon Timms (UK) March 2009  
Choreographed to: You, You, You by Alvin Stardust,  
CD: Jealous Minds – 16 Classic Tracks (133 bpm)

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Start on the main beat of the vocals!

**1: Rock, Recover, Turn ½ Right with a triple step, Rock, Recover, Left Coaster Step**

- 1 - 2 Rock forward on right and recover
- 3 & 4 Make a ½ right with a Triple Step, stepping R-L-R
- 5 - 6 Rock forward on left and recover
- 7 & 8 Left Coaster Step Faces 6.00

**2: Rock, Recover, Turn ¼ Right with Coaster Step, Full Turn Right, Left Forward Shuffle**

- 1 - 2 Rock forward on right and recover
- 3 & 4 Turn quarter turn right with a coaster step R-L-R
- 5 - 6 Turn ½ right stepping LEFT back– Turn ½ right stepping RIGHT forward.
- 7 & 8 Left Forward Shuffle. Faces 9.00

**3: Heel Switches x 2, Right Shuffle, Step left turn ½ Right, Left Shuffle**

- 1 & 2 & Right Heel forward step right next to left, Left Heel forward, step left next to right
- 3 & 4 Right Shuffle Forward
- 5 - 6 Step Forward Left and pivot turn 1/2 turn right weight ends on right
- 7 & 8 Left Forward Shuffle Faces 3.00

**4: Step pivot ¼ Turn Left, Kick Right, Jazz Jump, Toe Back, ½ Turn Right, Left Shuffle.**

- 1 - 2 Take a short step forward on the right and pivot ¼ left, keep the weight on the LEFT.
- 3 & 4 Kick Right Forward (3) Step out & back on right (&) Step out & back on left with weight (4)
- 5 - 6 Touch Right Toe Back Pivot 1/2 Turn Right on ball of Left, Then put weight on Right!
- 7 & 8 Left Shuffle Forward Faces 3.00

ENJOY THE DANCE!

MUSIC: The music slows down at about 2.17 into the track...you can just slow the steps down and wait for the beat to pick up...or just sway you hips etc.

FINISH: as the music fades on the kick step back...facing the front?

ALTERNATIVE: If you find the 'QUICK FULL TURN' too much just replace with TWO WALKS.

THIS DANCE IS DEDICATED TO ALL MY FRIENDS AND MEMBERS OF THE 'LINE DANCE ROCKS' NETWORK.

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