

You Know Me

48 Count, 3 Wall, Advanced

Choreographer: Niels Poulsen (DK) Apr 10

Choreographed to: You Know Me by Robbie Williams
(72bpm [4:21min])

Intro: 16 counts from first beat in music (app. 14 seconds into track).

1–9 Lift L, Back Back Full Turn, Behind Side Cross, Kick, Cross Shuffle, Side Rock, Weave

- 1 Step fw on R swinging L leg fw (1) [12:00]
2&a3 Step back on L (2), step back on R (&), turn ½ L stepping fw on L (a),
turn ½ L stepping back on R sweeping L out to L side (3) [12:00]
4&a5& Cross L behind R (4), step R to R side (&), cross L over R (a), kick R low fw (5), hitch R (&)[12:00]
6&a7 Cross R over L (6), step L to L side (&), cross R over L (a), rock L to L side (7) [12:00]
8&a1 Recover on R (8), cross L over R (&), step R to R side (a), touch L behind R (1) – weight on R [12:00]

10–17 Unwind, Weave, Unwind, Cross Rock ¼ Sweep, Cross Side Rock Cross X2, Fw Lift R

- &2&a3 Unwind ½ L (&), change weight to L, (2), cross R over L (&), step L to L side (a), touch R behind L (3) [6:00]
&4&a5 Unwind ½ R (&), change weight to R (4), cross rock L over R (&), recover back on R (a),
turn ¼ L stepping fw on L and sweeping R fw (5) [9:00]
6&a7 Cross R over L (6), rock L to L side (&), recover on R (a), cross L over R sweeping R to R side (7) [9:00]
8&a1 Cross R over L (8), rock L to L side (&), recover on R (a), cross L over R lifting R leg fw (1)
Note: when doing the cross and Lift with R leg your body will automatically turn towards [10:30]

18–25 Back Rock, Recover Sweep, Weave, Side Rock, 1 ¼ Turn R, Fw L, ¼ R, Walk L R, Rock L

- 2–3 Rock back on R (2), recover on L sweeping R fw and squaring up to 9:00 turning 1/8 L on L (3) [9:00]
4&a5 Cross R over L (4), step L to L side (&), cross R behind L (a), rock L to L side prepping body L (5) [9:00]
6&a7 Turn ¼ R stepping fw on R (6), turn ½ R stepping back on L (&), turn ½ R stepping fw on R (a),
step fw on L (7) (try to make the transition from stepping L fw (7) to your ¼ R on count 8 very slow) [12:00]
Non-turny option for counts 6&a: replace 1¼ R with shuffle ¼ R
8&a1 Turn ¼ R stepping onto R (8), run fw towards 4:30 on L (&), run fw R (a), rock fw L (1) [4:30]

26–33 Back Back Full Turn, Behind Side Cross, Sway L R L, Chasse ¼ R, Fw L With R Hitch

- 2&a3 Recover back on R (2), step back on L (&), turn ½ R stepping fw on R (a),
turn ½ R stepping back on L sweeping R to R side (3) [4:30]
4&a Cross R behind L (4), step L to L side squaring up to 3:00 (&), cross R over L (a) [3:00]
5–7 Step L to L side swaying body L (5), recover R with R sway (6), recover L with L sway (7) [3:00]
8&a1 Step R to R side (8), step L next to R (&), turn ¼ R stepping R fw (a), step L fw hitching R knee (1) [6:00]

34–40 Back Rock, Sweep, Cross Full Turn, Side Rock, Cross Shuffle & Rock, Back R, Rock L

- 2–3 Rock back on R (2), recover onto L sweeping R fw (3) [6:00]
4&a5 Cross R over L (4), turn ¼ R stepping back on L (&), turn ½ R stepping fw on R (a),
turn ¼ R rocking L to L side (5)

Non-turny option: cross shuffle & side rock L [6:00]

- 6&a7 Recover on R (6), cross L over R (&), step R to R side (a), cross rock L over R (7)

Note: when doing the cross shuffle your body will automatically turn towards [7:30]

- 8&a Recover on R (8), rock back on L squaring up to 6:00 (&), recover onto R (a)

* **RESTART** here on wall 2 and 4 (facing 12:00 each time) 6:00

41–48 ½ R Sweep, Back Tap Step, ¼ L With R Side Step, Behind Turn Step, Hitch R, Back Turn Step, Full L Spiral Turn, L Mambo Step

- 1 Turn ½ R stepping back on L sweeping R out to R side fw (1) [12:00]
2&a3 Step back on R (2), tap L in front of R (&), step fw on L (a), turn ¼ L stepping R to R side (3) [9:00]
4&a5 Cross L behind R (4), turn 1/8 R stepping R fw towards 10:30 (&), step L fw (a), hitch R knee (5) [10:30]
6&a7 Step back on R (6), turn 3/8 L stepping fw on L (&), step R fw (a), make a full L spiral turn on R (7) [6:00]
8&a Rock fw on L (8), recover onto R foot (&), step L next to R (a) [6:00]

Option: On wall 5, starting at 12:00, there are some extra and heavy beats in the music from counts 14-17.
To hit these beats change the two 'cross side rock sweep' to three 'cross & side rocks':

14–17 Cross, L side rock, cross, R side rock, cross, L side rock, cross with point/lift

- 6&a Cross R over L (6), rock L to L side (&), recover on R (a) [9:00]
7&a Cross L over R (7), rock R to R side (&), recover on L (a) [9:00]
8&a1 Cross R over L (8), rock L to L side (&), recover on R (a), cross L over R lifting R leg fw (1) [10:30]

ENDING: On 6th wall music starts fading out at count 34-40. The ending will be on count 41 (facing 6:00).
When doing the ½ R on count 41 you add an extra ½ turn R sweeping R fw to face 12:00

Note: The music has a 6/8 timing to which you would normally do a Viennese waltz. However, I've choreographed this dance following rolling counts i.e., '1, 2&a3, 4&a5, ...' etc. Listen to the music and try to count it with my counts. It does make sense. Good luck. ;-))

Extra note: Thanks to Maria Maag for her support and to Tom Araujo for his patience! ;-))