

You Gotta Get Up

48 Count, 2 Wall, Intermediate, Social Cha
Choreographer: Chatti The Valley (Spain) March 2014
Choreographed to: Try by Pink

Intro: 32

1 RIGHT-LEFT WALK, RIGHT STEP, ¼ TURN and CROSS, SIDE, ¾ TURN and STEP, STEP, LEFT MAMBO ROCK ¼ TURN

- 1-2 Step right forward, step left forward
3&4 Step right forward, turn ¼ left and cross left over, step right side (9:00)
5-6 Turn ¾ left and step left forward, step right forward (3:00)
7&8 Rock left forward, recover to right, turn ¼ left and step left side (9:00)

2 RIGHT CROSS, SIDE, BEHIND, ¼ TURN AND STEP, STEP, LEFT ROCK STEP, LEFT BACK SHUFFLE

- 1-2 Cross right over, step left side
3&4 Cross right behind, turn ¼ left and step left forward, step right forward (6:00)
5-6 Rock left forward, recover to right
7&8 Locking chassé back left-right-left

3 RIGHT BACK ROCK STEP, RIGHT SHUFFLE FULL TURN, LEFT ROCK STEP, COASTER STEP

- 1-2 Rock right back, recover to left
3&4 Turn ½ left and step right back, turn ½ left and step left forward, step right forward
5-6 Rock left forward, recover to right
7&8 Left coaster step

4 RIGHT SIDE, TOUCH, LEFT CHASSÉ ¼ TURN, RIGHT SIDE, CROSS, RIGHT BACK, SIDE, CROSS

- 1-2 Big step right side, touch left together
3&4 Chassé side left-right-left turning ¼ left (3:00)
5-6 Step right side, cross left over
7&8 Step right back, step left side, cross right over

5 ¼ TURN AND BACK, ¼ TURN AND SIDE, LEFT CROSS SHUFFLE, RIGHT SIDE, ¼ TURN AND HOOK, LEFT SHUFFLE

- 1-2 Turn ¼ left and step left back, turn ¼ left and step right side (9:00)
3&4 Crossing chassé left-right-left
5-6 Step right side, turn ¼ left and hook left over (6:00)
7&8 Locking chassé forward left-right-left

6 LEFT STEP TURN, RIGHT SHUFFLE ½ TURN, LEFT-RIGHT BACK WALK, LEFT COASTER STEP

- 1-2 Step right forward, turn ½ left (weight to left)
3&4 Chassé forward right-left-right turning ½ left (6:00)
5-6 Step left back, step right back
7&8 Left coaster step

RESTART

During walls 3 and 6, touch right forward and count 12, and restart the dance at count 1
During wall 7, dance until count 40, then restart the dance at count 1

Dedication: Dedicated to Lee Mayee, the White Rose of Kuala Lumpur