

HEEL STANDS, HEEL GRIND TURNS

- 1 Step forward on right heel with toes raised
- 2 Step left heel beside right heel with toes raised
- 3 Step back on right toes
- 4 Step left toes beside right toes
- 5 Step forward on right heel with toes raised and turned in
- & Pivot 1/2 right on right heel only
- 6 Step slightly behind right on left
- 7 Step on ball of right behind left
- 8 Step left in place
- 9 Step forward on right heel with toes raised
- 10 Step left heel beside right heel with toes raised
- 11 Step back on right toes
- 12 Step left toes beside right toes
- 13 Step forward on right heel with toes raised and turned in
- & Pivot 1/2 right on right heel only
- 14 Step slightly behind right on left
- 15 Step on ball of right behind left
- 16 Step left in place

COUNTRY BOMBERSHAY

- 17 Stomp right over left bending knees and pointing right toes left
- 18 Step left on left and raise right toes pointing right toes right
- 19 Stomp right over left bending knees and pointing right toes left
- 20 Step left on left and raise right toes pointing right toes right
- 21 Stomp right over left bending knees and pointing right toes left
- 22 Step left on left and raise right toes pointing right toes right
- 23 Stomp right over left bending knees and pointing right toes left
- 24 Slap outside of left foot with left hand allowing right foot to return to neutral

REVERSE GRAPEVINE RIGHT

- 25 Cross left over right
- 26 Step right on right
- 27 Cross left behind right
- 28 Slap right with right hand

REVERSE GRAPEVINE LEFT

- 29 Cross right behind left
- 30 Step left on left
- 31 Cross right over left
- 32 Slap left with left hand

CIRCLE STROLL

- 33 - 34 Slowly cross left over right and hold starting a circle right
- 35 - 36 Slowly step on right and hold continuing circle right
- 37 - 38 Slowly step on left and hold continuing circle right
- 39 - 40 Slowly step on right and hold completing circle right

POLKA, HOOK TURN, POLKA BACK, BALL CHANGE

- 41 & 42 Shuffle forward left, right, left
- 43 Lock right behind left (option: yell "yoo")
- 44 Quick snappy pivot 1/2 left (option: yell "hoo")
- 45 & 46 Shuffle back right, left, right
- 47 Step back on ball of left
- 48 Step right in place

POLKA, HOOK TURN, POLKA BACK, BALL CHANGE

49 & 50 Shuffle forward left, right, left
51 Lock right behind left (option: yell "yoo")
52 Quick snappy pivot 1/2 left (option: yell "hoo")
53 & 54 Shuffle back right, left, right
55 Step back on ball of left
56 Step right in place

STEP, LOCK, BACK, HOOK

57 Step forward on left
58 Bend left knee and lock right behind left
59 Step back on right straightening legs
60 Bend right knee and lock left in front of right

STEP, LOCK, BACK, 1/4 TURN, STEP

61 Step forward on left straightening legs
62 Bend left knee and lock right behind left
63 Step back on right straightening legs
& Turn on right 1/4 left
64 Step on left in place.

REPEAT