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Yesterday (Once More)

32 Count, 4 Wall, Intermediate

Choreographer: Tony Wilson (USA) Sept 2012

Choreographed to: Yesterday Once More by The Carpenters
(84 bpm), from Gold Album (or the 1991 remix)

A tribute to The Carpenters and their Choir Director Frank Pooler

Intro: 4 count intro

S1 SIDE HOLD & FWD SIDE, SIDE HOLD & BACK SIDE

1-2 Step R to right side, hold
&3-4 Step L next to R, step R forward, step L to left side
5-6 Step R to right side, hold
&7-8 Step L next to R, step R back, step L to left side 12 O' Clock
(Option for counts 2 and 6 ...drag L towards R)

S2 FWD RL BACK 1/2 TURN, 1/4 SIDE BEHIND 1/4 FWD 1/4 SIDE

9-10 Step R forward, step forward pressing L
11-12 Recover on R in place, turn 1/2 left on R step L forward
13-14 Turn 1/4 left step R to right side, step L behind R
15-16 Turn 1/4 right step R forward, turn 1/4 right step L to left side 9 O' Clock

S3 BEHIND REC SIDE DRAG, & CROSS SIDE BEHIND 1/4 TURN

17-18 Step R behind L, recover on L in place
19-20 Step R to right side, drag L towards R
&21-22 Step L behind R, cross R over L, step L to left side
23-24 Step R behind L, turn 1/4 left step L forward 6 O' Clock

S4 FWD R BACK SHUFFLE 1/2 TURN, SHUFFLE FWD 3/4 TURN

25-26 Step forward pressing R, recover on L in place
27&28 Turn 1/2 right shuffling RLR
29&30 Shuffle forward LRL
31-32 Turn 1/4 left on L step R to side, turn 1/2 left on R step L to left side 3 O' Clock

TAG At the end of wall 4 facing front dance 8 counts extra:

1-2 Step R to side, step L next to R,
3&4 Shuffle forward RLR
5-6 Step L to side, step R next to L
7&8 Shuffle back LRL

Music download available from Amazon or iTunes