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Start dancing on lyrics

**1 Walks X4, With Heel Swivels Back**

1-4 Walk right, left, right, left

5&amp;6 Weight on left foot kick right heel out to right side, Bring right foot back to left, With weight on right foot kick left heel out to left side

&amp;7&amp;8&amp; Bring left foot back to right, With weight on left foot kick right heel out to right side, Bring right foot back to left, With weight on right foot kick left heel out to left side, Step left foot down shoulder width apart

**2 Arm And Knee Popping Right Right Left Left Right Left Up Down**

1-2 Keeping feet in place bring right arm up in front of you slightly to the side, pop it forward twice while bending your right knee at same time

3-4 Keeping feet in place bring left arm up in front of you slightly to the side, pop it forward twice while bending your left knee at same time

5-6 Now bring right arm up pop it once with right knee, bring left arm up pop it once with left knee

7-8 Make a first with right hand bring it out to the side and up, Bend body over to the left keeping your right arm and body matching

**3 Cross Step Sailor Step, Cross Step Sailor Step With 1/4 Turn Left**

1-2 Cross right foot over left, Step left foot to left side

3&amp;4 Step right foot behind left foot, Bring left foot to right, Step right foot to right side

5-6 Cross left foot over right, Step right foot to right side

7&amp;8 Make 1/4 turn left while stepping left foot behind right, Bring right foot to left, Step left forward

**4 Half Turn Half Turn Rock Recover Step Back Together**

1&amp;2 Step forward on the right foot, twist left heel in making a 1/4 turn left,

Twist right heel out making another 1/4 turn left

3&amp;4 Step left foot back, Twist right toe in making 1/4 turn left,

Twist left toe out making another 1/4 turn left (ALL TOGETHER ITS 1 FULL TURN)

5-6 Rock forward on the right foot, Recover weight back to the left

7-8 Step right foot back, Bring left foot to right foot

**5 With Right Foot Touch Front Side Sailor Step Hold Ball Step Then Bodyroll**

1-2 Touch right foot forward, Touch right foot to right side

3&amp;4 Step right foot behind left, Left foot to left side, Right foot to right side

5&amp;6 HOLD, Step left foot to right, Step right foot to right side

7-8 Body roll from head down to hip ending sitting on the right hip weight should be on right foot

**6 With Left Foot Touch Front Side Sailor Step Hold Ball Step Then Bodyroll**

1-2 Touch left foot forward, Touch left foot to left side

3&amp;4 Step left foot behind right, Right foot to right side, left foot to left side

5-6 HOLD, Step right foot to left foot, step left foot to left side

7-8 Body roll from head down to hip ending sitting on the left hip weight should be on left foot?

**7 Kick Step Lock Steps X2 Kick Touch To The Side With 1/4 Turn Kick Touch To The Side With 1/2 Turn**

1&amp;2&amp; Kick right foot forward, Step down on right foot, lock left foot behind right, step right foot forward

3&amp;4&amp; Kick left foot forward, step down on left foot, Lock right foot behind left, Step forward on left foot

5&amp;6 Kick right foot forward, Turn 1/4 turn right stepping down on the right, Touch left out to left side

7&amp;8 Kick left foot forward, Make 1/2 turn left stepping down on left, Touch right foot out to right side

**8 Sailor Step Hook Unwind Press Ball Step With 1/4 Turn Hitch**

1&amp;2 Right foot behind left, Step left foot to left side, Step right foot to right side

3-4 Hook left foot behind right, Unwind 3/4 turn to the left

5-6 Rock forward on the right foot, Recover weight to left foot

&amp;7-8 Bring right foot to left, Step back on left foot starting to make a 1/4 left,

Hitch up right leg while finishing the 1/4 turn

**RESTART:** ON the 3rd wall after count 32 you will make a 1/4 to the left to restart so the counts will be:

5-6 Rock forward on the right foot, Recover weight back to the left

7-8 Step right foot back, make a 1/4 turn left stepping left foot to left side