

X-file

IMPROVER

32 Count 4 Walls

Choreographed by: Sue Johnstone
Choreographed to: Don't Put Me In
The Ex-Files by The Bellamy Brothers

Diagonal Rocks To Make X Shape

- 1 - 2 & Rock On R Diagonally Forward, Recover Back Onto L, Step R Next To L (&
3 - 4 Rock On L Diagonally Back, Recover Forward Onto R
5 - 6 & Rock Diagonally Forward On L, Recover Back Onto R, Step L Next To R (&
7 - 8 Rock Diagonally Back On R, Recover Forward Onto L

Syncopated Weave Right, Hip Sways With 1/4 Turn Left

- 9 & 10 & Step R To Right, Cross L Behind R, Step R To Right, Cross L In Front
11 & 12 Step R To Right, Cross L Behind R, Step R To Right Side
13 - 14 Sway Hips To Left, Sway Hips To Right
15 - 16 Turn 1/4 Left As You Sway Hips Forward, Sway Hips Back Over R Foot

Stomps & Claps, Kick, Syncopated Toe Touches, 1/2 Turn Left

- & 17 - 18 Step L Next To R (&), Stomp R Forward, Hold With A Clap
& 19 - 20 Step L Next To R (&), Stomp R Forward, Hold With A Clap
21 & 22 Kick L Forward, Step L Next To R (&), Point R Toe To Right Side
& 23 - 24 Step R Next To L (&), Point L Toe To Left Side, Turn 1/2 To Left Stepping L Next To R

Stomps & Claps, Kick, Syncopated Toe Touches, 1/2 Turn Left

- 25 - 26 Stomp R Forward, Hold With A Clap
& 27 - 28 Step L Next To R (&), Stomp R Forward, Hold With A Clap
29 & 30 Kick L Forward, Step L Next To R (&), Point R Toe To Right Side
& 31 - 32 Step R Next To L (&), Point L Toe To Left Side, Turn 1/2 To Left Stepping L Next To R

Begin Again From Count 1. Have Fun !!

When Danced To 'don't Put Me In The Ex-files' Add 6 Extra Rocks On The 7th Wall Only....from Count 12.

- 1 - 2 Sway Hips Left, Sway Hips Right
3 - 4 Rock Forward Onto Left Foot, Recover Back Onto Right Foot
5 - 6 Rock Back Onto Left Foot, Recover Forward Onto Right Foot

Then Carry On From Count 13....