

#### X FILE

- 1 - 2 Push right hip and step right foot forward, push left hip diagonal back over left foot
- 3 - 4 Push hips side right behind right foot, push left hip and step left foot forward
- 5 - 6 Push right hip diagonal back over right foot, push hips side left behind left foot
- 7 - 8 Push right hip and step right foot forward, push left hip diagonal back over left foot

#### RIGHT SHUFFLE TURN AND HIP THRUSTS

- 1 Step right foot back beginning 1/2 turn right (1),
- & 2 Step left foot next to right (&) step right foot forward completing 1/2 turn (2)
- 3 Step rock left foot forward
- 4 Rock back on right foot bending forward at waist extending butt backwards and hands forward
- 5 Thrust hips forward while bringing hands in,
- 6 Thrust hips back extending hands forward
- 7 & Hold (7), thrust hips forward while bringing hands in (&),
- 8 Thrust hips back extending hands forward (8)

#### LEFT SHUFFLE TURN AND HIP THRUSTS

- 1 Step left foot back beginning 1/2 turn left (1),
- & 2 Step right foot next to left (&), step left foot forward completing 1/2 turn
- 3 Step rock right foot forward,
- 4 Rock back on left foot bending forward at waist extending butt backwards and hands forward
- 5 Thrust hips forward while bringing hands in,
- 6 Thrust hips back extending hands forward
- 7 & Hold (7), thrust hips forward while bringing hand in (&),
- 8 Thrust hips back extending hands forward (8)

#### STEP TURNS AND JAZZ BOX

- 1 While still bending forward slightly at waist with butt sticking out turn 1/4 left on balls of feet,
- 2 Step left foot in place while raising body up from waist
- 3 - 4 Step right foot forward turn 1/4 turn left, step left foot in place
- 5 - 6 Step right foot over left, step back on left foot
- 7 - 8 Step right foot side right, step left foot forward

#### REPEAT

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