

CHA-CHA BASIC

- 1,2 Rock forward with left foot, step in place with right foot
3 & 4 Left shuffle back
5,6 Rock step back with right foot, step in place with left foot
7 & 8 Right shuffle forward

TURKISH TOWEL

- 1,2 MAN: Rock forward with left, step in place with right,

LADY: Step forward with left & turn 1/2 right, step in place with right,

- 3 & 4 MAN: Left shuffle in place (left, right, left)

LADY: Left shuffle forward curving 1/2 right

/On counts 1,2 man raises left arm over lady's head, then over his own head, keeping his right arm behind his back at waist level, left arm extended to left side. Couple ends up with lady behind and to the left side of the man.

- 5,6 MAN: Rock back with right, step in place with left,

LADY: Rock step forward with right, step in place with left,

- 7 & 8 MAN: Right shuffle in place

LADY: Right shuffle to right side

/Lady should still be behind the man, but now to his right side. His left arm is behind his back at waist level, with his right arm extended to the right. Lady changes on the shuffle.

- 1,2 MAN: Rock back with left, step in place with right,

LADY: Rock step forward with left, step in place with right,

- 3 & 4 MAN: Left shuffle in place

LADY: Left shuffle to left side.

/Lady should still be behind the man, but now on his left side. His right arm is behind his back at the waist level with his left arm extended to the left side.

- 5,6 MAN: Rock step back with right, step in place with left,

LADY: Step forward turning 1/2 right with right foot, step back with left foot turning 1/2 right,

- 7 & 8 MAN: Right shuffle in place

LADY: Right shuffle to right side-ending up in original "side by side" position.

/Man will release his right hand, and bend his left arm at the elbow, allowing the lady to turn around and in front of him, then he will re-take her right hand. The lady does not turn under the arm!

- 1 - 3 & 4 BOTH: Turn 1/4 right to face out of the circle as you both rock step forward with left, step in place with the right foot (crossover breaks), turn 1/4 left as you shuffle left (cha-cha-cha)

- 5 - 7 & 8 BOTH: Turn 1/4 left to face into the circle as you both rock step forward with right, step in place with the left foot (crossover breaks), turn 1/4 right as you shuffle right (cha-cha-cha)

- 1 - 4 BOTH: Turn 1/4 right to face out of the circle as you both rock step forward with left, step in place with the right foot (crossover breaks), turn 1/4 left as you both rock to the left side with the left foot, step in place with the right foot. (both should still be facing the line of dance)

- 5 - 8 MAN: Walk forward left, right, left, right

LADY: Step forward left turning 1/2 left, step back right turning 1/2 left, step forward left, step forward right.

REPEAT