

Big Mon

32 count, 4 wall, intermediate level

Choreographer: The Girls (Maureen & Michelle)
(UK) April 2002

Choreographed to: Big Mon by Ricky Skaggs &
Friends, Big Mon Album (140 bpm)

32 Count Intro

HEEL, TOE, TRAVELLING SYNCOPATED STOMPS, SCUFF, MODIFIED SYNCOPATED JAZZ BOX

- 1&2& Touch left heel forward, step left beside right, touch right toe back, step right beside left
3&4 Stomp left forward, step right behind left heel, stomp left forward
5-6 Scuff right across left, step right across left
7&8 Step left back, step right to right, step left across right

½ TURN WITH TWO SIDE KICKS, TRAVELLING SYNCOPATED STOMPS, SCUFF, MODIFIED SYNCOPATED JAZZ BOX

- &9&10& On ball of left make ½ turn left while kicking right out to right side twice [Kicks are made on counts 9 (right leg kicks sideways towards 1 o' clock) and 10 (right leg kicks sideways towards 10 o' clock)]
11&12 Stomp right forward, step left behind right heel, stomp right forward
13-14 Scuff left across right, step left across right
15&16 Step right back, step left to left, step right across left

SIDEWAYS TRAVELLING HEEL-BALL-STEPS, POINT, BEHIND, UNWIND, SCUFF, STOMP

- 17&18 Touch left heel forward, step left to left, step right behind left
19&20 Touch left heel forward, step left to left, step right across left
21-22 Point left to left, touch left behind right
23&24 Unwind ½ turn left (weight transfers to left), scuff right forward, stomp right forward

FORWARD TRAVELLING SAILORS, HEEL SWITCHES WITH ¼ TURN, STEP, PIGEON TOES

- 25&26 Step left behind right, step right forward, step left forward
27&28 Step right behind left, step left forward, step right forward
29&30& Touch left heel forward, making 1/8th turn left step left beside right, touch right heel forward, making 1/8th turn left step right beside left
31&32 Step left beside right, twist both heels out, twist both heels to centre
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