

HEEL SWITCHES:

- 1 - 4 Touch right heel forward, switch feet placing left heel forward, switch feet placing right heel forward, clap hands
- 5 - 8 Switch feet placing left heel forward, switch feet placing right heel forward, switch feet placing left heel forward, clap hands

GRAPEVINE LEFT:

- 9 - 12 Step left foot to left, step right foot to left behind left, step left foot to left, touch right foot next to left

KICK-BALL-CHANGE AND 2 STOMPS:

- 13 Kick right foot forward
& Step on ball of right foot
14 Step on left foot
15 - 16 Stomp right foot twice

STEP & 3 QUARTER TURNS:

- 17 - 18 Step forward on right foot. Turn 1/4 turn to left
19 - 20 Repeat steps 17-18
21 - 22 Repeat steps 17-18 again
23 - 24 Stomp right foot twice

HIP THRUSTS:

- 25 - 26 Thrust hips to right twice
27 - 28 Thrust hips to left twice

ABOUT FACE:

- 29 - 30 Point right foot out to right, touch right toe behind left heel
31 - 32 Spin 1/2 turn to right, clap hands

HIP THRUSTS:

- 33 - 34 Thrust hips forward and to right (about 2:00 o'clock) twice
35 - 36 Thrust hips back and to left (about 8:00 o'clock) twice

ABOUT FACE:

- 37 - 38 Point right foot out to right, touch right toe behind left heel
39 - 40 Spin 1/2 turn to right, clap hands

SHUFFLE AND ROCK - RIGHT:

- 41 - 42 Shuffle to the right (right-left-right) and turn backwards on third step allowing you to...
43 - 44 Rock backward on left foot; rock forward on right foot

SHUFFLE AND ROCK - LEFT:

- 45 - 46 Shuffle to the left (left-right-left) and turn backwards on third step allowing you to...
47 - 48 Rock backward on right foot, rock forward on left foot

VINES AND MORE VINES:

- 49 - 52 Step right foot to right, step left foot to right behind left, step right foot to right, spin right 1/2 turn on right foot
53 - 56 Step left foot to left, step right foot to left behind left, step left foot to left, spin left 1/2 turn on left foot

REVERSE VINE:

- 57 - 58 Step right foot across in front of left foot, step left out to side
59 - 60 Step right foot behind left. Step left foot next to right.

HIPS AROUND THE WORLD:

- 61 - 64 Roll hips with a very exaggerated motion clockwise in four beats of music (you should complete two circles)

REPEAT