

**Section 1 Rocking Chair, Forward Shuffle, 1/4 Pivot x 2, Forward Shuffle**

- 1 & 2 & Rock forward on left, recover onto right, rock back on left, recover onto right  
3 & 4 Step forward on left, close right beside left, step forward on left  
5 & 6 & Step forward right, pivot 1/4 turn left, step forward right, pivot 1/4 turn left  
7 & 8 Step forward right, close left beside right, step forward right

**Section 2 Skate Left & Right, Forward Rock, Side Rock, Behind Side Cross, Sways x 2**

- 9 - 10 Skate left, skate right  
11 & 12 & Rock forward on left, recover onto right, rock left to left side, recover onto right  
13 & 14 Cross left behind right, step right to right side, cross left over right  
15 - 16 Sway right, sway left

**Section 3 Modified Sailor with Hook, Forward Shuffle, Pivot 1/2 Turn, Step, Hold, Rock & Cross, Hold**

- 17 & 18 & Sweep right behind left, step left to left side, dig right heel forward, hook right heel under left knee  
19 & 20 Step right forward, close left beside right, step right forward  
21 & 22 & Step forward left, pivot 1/2 turn right, step forward on left, hold  
23 & 24 & Rock right to right side, recover onto left, cross right over left, hold

**Section 4 Weave left, 1/4 Shuffle Turn, 1/2 Pivot, Step, Hold, Side Rock, Touch, Hold**

- 25 & 26 & Step left to left side, cross right behind left, step left to left side, cross right over left  
27 & 28 Shuffle 1/4 turn left, stepping left ,right ,left  
29 & 30 & Step forward on right, pivot 1/2 turn left, step forward on right, hold  
31 & 32 & Rock left to left side, recover onto right, touch left to place, hold