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Wind Ya Body

INTERMEDIATE

38 Count 4 Walls

Choreographed by: Mike Kokolay
Choreographed to: Boom Shack-A-Lack by Apache Indian

Step 1/4 Turns With Hip Circles X 4. Step Forward Right. Circle Hips Anti-clockwise Making 1/4 Turn Left. 1 - 2 Step Forward Right. Circle Hips Anti-clockwise Making 1/4 Turn Left. 3 - 4 Step Forward Right. Circle Hips Anti-clockwise Making 1/4 Turn Left. 5 - 6 7 - 8 Step Forward Right. Circle Hips Anti-clockwise Making 1/4 Turn Left. Syncopated Steps Out & In With Shuffles Forward Right & Left. & 9 Step Right Out To Right Side. Step Left Out To Left Side. Step Right Into Centre. Step Left Into Centre. & 10 Step Forward Right. Close Left Beside Right. Step Forward Right. 11 & 12 Step Left Out To Left Side. Step Right Out To Right Side. & 13 Step Left Into Centre. Step Right Into Centre. & 14 15 & 16 Step Forward Left. Close Right Beside Left. Step Forward Left. Rock Step, 3 X 1/2 Turns Right Into Right Shuffle Forward. Rock Forward On Right. Rock Back Onto Left. 17 - 18 On Ball Of Left Make 1/2 Turn Right, Stepping Forward Right. 19 On Ball Of Right Make 1/2 Turn Right, Stepping Back On Left. 20 21 On Ball Of Left Make 1/2 Turn Right, Stepping Forward Right. Close Left Beside Right. Step Forward Right. & 22 Toe Points & Crosses, Kick Ball Cross, Unwind Full Turn Left. 23 - 24 Point Left Toe To Left Side. Cross Step Left Over Right. 25 - 26 Point Right Toe To Right Side. Cross Step Right Over Left. 27 & 28 Kick Left To Left Diagonal. Step Left Beside Right. Cross Right Over Left. 29 - 30 Unwind Full Turn Left Over 2 Counts. Forward & Back Rocks, 1/4 Turn, Kick Ball Change, Stomp, Clap. Rock Forward On Right. Rock Back Onto Left. 31 & Rock Back On Right. Rock Forward Onto Left. 32 & 33 - 34 Step Forward Right. Pivot 1/4 Turn Left. 35 & 36 Kick Right Forward. Step Right Beside Left. Step Left In Place.

Stomp Right Beside Left (no Weight). Clap Hands.

37 - 38