

Sequence: AABB, AAB, (TAG), BB, FINALE (16 counts)

Intro: 48 counts

PART A (32 counts)**PRESS RECOVER, STEP, PRESS RECOVER, STEP, WALK, WALK, FORWARD ROCK, TOGETHER**

1&2 (Body angled to left diagonal at 10:30) Press ball of right to right side, recover weight to left, step right beside left

3&4 (Body angled to right diagonal at 1:30) Press ball of left to left side, recover weight to right, step left beside right

(While doing these steps, imagine yourself bouncing the basketball in front of you first with the right hand, then with the left. This would also provide you the handstyling for the steps)

5-6 Step forward right, left (Keep body angled to right diagonal at 1:30 until count 8, but steps are still moving towards 12:00)

7&8 Step right forward, recover on left, step right beside left

(For counts 5-8, imagine yourself dribbling the ball with your right hand on your right side, getting ready for a shoot. Or alternatively you can snap your fingers)

JUMP, LAND FEET APART, SHOULDER ISOLATION, TRAVELLING SAILOR STEPS

&1 Jump up on both feet (knees bent whilst in mid-air), land feet shoulder-width apart (throw arms down to sides)

2-3 Move shoulders right, left

4&5 Move shoulders right, left, right

6&7 Step left behind right, step right forward to right diagonal, step left forward

8&1 Step right behind left, step left forward to left diagonal, step right forward

CROSS, BACK, 1/2 TURN LEFT (2X), 1/8 TURN LEFT, HEEL SWIVELS, BOTTOM UP BODY ROLL

2-3 Step left across right, step back right

4-5 1/2 turn left step left forward, 1/2 turn left step back on right

6 1/8 turn left step left to left side, shoulder-width apart [10:30]

7&8& Swivel right heel out to right, swivel back to left and place weight on it, Swivel left heel out to left, swivel back to right and place weight on it

1 Bottom up body roll (keeping weight mostly on left)
(Easier option: roll shoulders from back to front)**BALL CROSS, BACK BACK CROSS, SIDE STEP, PADDLE STEPS**

&2 [Still facing 10:30] Bring ball of right next to left, cross left over right

3&4 Step back right, step back left, cross right in front of left

5 Turn 1/8 left, step left to side [9:00]

6-8 Turn 1/4 left, press right to right side (x3)

& Lift right foot slightly off the floor (to prep for the next step for either Part A or B)

(Handstyling option: while paddling, place right arm at chest level, horizontal to the ground, elbow bent and slightly tilted up. Roll forearm in clockwise motion)

PART B (32 counts)**SIDE STEPS, POINT EXTENSIONS BEHIND, HIP BUMPS RIGHT (with handstyling)**

a1-2 Skip slightly on left foot to launch yourself to the right, step right to right side, point left foot behind right (fully extended)

a3-4 Skip slightly on right foot to launch yourself to the left, step left to left side, point right foot behind left (fully extended)

(Handstyling: Raise both arms above head on the side step[1]. Throw arms down to the direction of the pointed foot [2]. Repeat for the other side [3, 4].)

5-8 Step right to right and bump hip right(4x)

(Handstyling: Draw an aerial 'C': swing right arm in a semi-circle (CW) from bottom to right diagonal above head[5]; swing back down in a semi-circle (CCW) to right hip [6]; swing back up again (CW) [7]; swing back (CCW) midway to chest level and jab elbow to the right at the same time drop head towards right shoulder [8] - please refer to video if my description is not clear)

SIDE STEPS, POINT EXTENSIONS BEHIND, OUT-OUT, IN-IN

a1-2 Skip slightly on right foot to launch yourself to the left, step left to left side, point right foot behind left (fully extended)

a3-4 Skip slightly on left foot to launch yourself to the right, step right to right side, point left foot behind right (fully extended)

5-6 Step left forward and out to left diagonal, step right forward and out to right diagonal

7-8 Step left back to centre, step right back to centre (feet slightly apart)

(Handstyling: Punch right arm forward and to left diagonal [5], punch left arm to right diagonal crossing over extended right arm [6], bring left hand to left hip [7], bring right hand to right hip [8])

SIDE STEPS, POINT EXTENSIONS BEHIND, DIAGONAL KICK-BALL-CROSS, TURN STEP, SIDE STEP

- a1-2 Skip slightly on right foot to launch yourself to the left, step left to left side, point right foot across and behind left (fully extended)
a3-4 Skip slightly on left foot to launch yourself to the right, step right to right side, point left foot across and behind right (fully extended)
5&6 Kick left to left diagonal, step ball of left next to right, step right across left [12:00]
7-8 Turn 3/4 left step on left, Turn 1/4 left step right to right
(Option: make the 3/4 turn, then jump and land facing 12:00)

DIAGONAL TOUCH-STEPS; STEP POINT, CROSS POINT, CROSS

- 1-2 Touch left forward to left diagonal, place weight on left
3-4 Touch right forward to right diagonal, place weight on right
(Lean back a little each time you touch forward)

(Handstyling: Using the opposing hand to the stepping foot, elbow bent and hand fisted, swing the forearm from the elbow in a down, down motion as if you're pounding something with your fist)

- &5 Step left beside right, point right to right
6-7 Step right across left, point left to left
8 Step left across right

TAG (4+32 counts)...this is the part of the song where Zac Efron's character sings to Vanessa Hudgens' character.

Musical Crescendo:

1&2&3&4 Take really tiny baby steps back: right, left, right, left, right, left, right

(Curl your upper body forward, both hands extended forward and slowly moving in towards chest. Visualise yourself as if you've one end of a rope tied around your waist and you're being pulled very quickly backwards)

HANDS (vocals)

- 1 'STARBURST' - Step left to left straighten body and raise both arms above head in a 'V' (fingers open, palms facing forward)
2-8 Bring raised arms towards chest over 7 counts (hands closed in a fist facing in)

TRIPLE TURN RIGHT, HOLD, SLOW SWAY LEFT-RIGHT

- 1-3 1/4 turn right step forward right, 1/2 turn right step back left, 1/4 turn right step right to side
4 Hold
5-8 Sway left, hold; Sway right, hold

TRIPLE TURN LEFT, HOLD, SLOW SWAY RIGHT-LEFT

- 1-3 1/4 turn left step forward left, 1/2 turn left step back right, 1/4 turn left step left to side
4 Hold
5-8 Sway right, hold; Sway left, hold

CROSS WALKS, WALK, WALK, RUN, RUN, STEP BESIDE

- &1-2 Step ball of right beside left, cross step left over right, hold
(Hands: extend right arm to right, palm facing forward)
3-4 Cross step right over left, hold
(Hands: place right fist over heart)
5-6 Walk forward left, right
7&8 Small steps forward, left, right; Step left beside right

GRAND FINALE (16 counts)

CRUISE RIGHT AND LEFT, STEP LEFT

- 1-3 Step right to side, step left behind right, 1/4 turn right step right forward,
4-5 Step left forward, 1/2 turn right stepping right forward
6-8 1/4 turn right step left to left, step right behind left, 1/4 turn left step forward left
9-12 Step right forward, 1/2 turn left stepping left forward, 1/4 turn left step right to right, step left in place

HANDS

- 1& Punch right arm forward and to left diagonal, Punch left arm across to right diagonal (over right arm)
2& Drop right arm to right side of body (palm facing forward),
Drop left arm to left side of body (palm facing forward)
3& Place right palm to left shoulder, place left palm to the right shoulder
4 Throw both arms up and above head in a 'V' for a BIG finish! (TA-DA!)

This dance is dedicated to the young and the 'young-at-heart'. Special thanks also goes out to Basma, Ita & Morina for their suggestions for the last 16 counts.
