

STAR PATTERN; SYNCOPATED HOP FORWARD & CLAP; & HOP, & HOP (WITH ARMS):

- 1 Touch left toe out to left side
& 2 Hop on left & turn 1/4 left, touch right toe back
& 3 Hop on right & turn 1/4 left, touch left heel forward
& 4 Hop on left, touch right toe back
& 5 - 6 Quickly hop forward right-left (shoulder width apart), clap
& 7 & 8 Quick hop forward right-left, quick hop forward right-left

/Extend left arm forward like grabbing the reins of a horse; "lasso" with right arm

HIP ROLLS WITH ARMS EXTENDED FORWARD AT CHEST LEVEL - RIGHT HAND OVER LEFT HAND:

- 1 - 2 Roll hips from left to right
3 - 4 Roll hips from right to left
5 - 6 Roll hips from left to right
7 - 8 Roll hips from right to left

"THE WILD, WILD, WEST" (ARM WORK AS IN VIDEO)

- 1 Raise right hand up - palm out - sweep it down to the left, around & up - making a figure 8
2 With right hand up & fist clenched: pull straight down
3 Extend left arm forward with fist clenched like holding horse reins
4 Leaving left arm extended, slap/brush right hand against right thigh (like whipping a horse)
& 5 Leaving left arm extended & "whipping horse", turn 1/8 left taking quick step right & quick step left (out-out)
& 6 Repeat &5 (will have turned a total of 1/4 turn left)
& Quick step back on right
7 & 8 Leaving left arm extended & raising right hand to "lasso", quick step forward on left moving head forward & back as you lasso twice

FOUR SAILOR SHUFFLES WITH SCUFFS:

- 1 & 2 & Step right behind left, step left in place, scuff right, step on right
3 & 4 & Step left behind right, step right in place, scuff left, step on left
5 & 6 & Step right behind left, step left in place, scuff right, step on right
7 & 8 Step left behind right, step right in place, scuff left

BALL-CHANGE-STEP; SHUFFLE FORWARD RIGHT-LEFT-RIGHT; ROCK-RECOVER; TURNING TRIPLE:

- & 1 - 2 Step back on left, step forward on right, step forward on left
3 & 4 Shuffle forward right-left-right
5 - 6 Rock forward on left; recover back on right
7 & 8 Turning 1&1/2 left, triple in place left-right-left (now facing back wall)

POINT-BALL-CROSSES MOVING FORWARD:

- 1 & 2 Point right toe to right side, step left in place, cross right over left
3 & 4 Point left toe to left side, step right in place, cross left over right
5 & 6 Point right toe to right side, step left in place, cross right over left
7 & 8 Point left toe to left side, step right in place, step left beside right

KNEE ROLLS & KNEE "BANGS":

- 1 - 2 Turn left knee out to left & return - 2 counts
3 - 4 Turn right knee out to right & return - 2 counts
& 5 & 6 Roll left knee out & return; roll right knee out & return
7 & 8 & Bring knees together, turn knees out, bring knees together, turn knees out (weight on right)

REPEAT