

AND ONE, AND THREE**/Start with feet apart.**

- & 1 - 2 Left foot step forward. Right foot step forward. Clap
& 3 - 4 Left foot step forward. Right foot step forward. Clap

WALK AND HOPS

- 5 - 6 Left foot step forward. Right foot step forward.
7 Hop forward on both feet, landing with feet apart (Whoop!)
8 Hop forward on both feet, landing with feet apart (Whoop!)
9 Hop in place on both feet, landing with right foot crossed in front of left
10 Hop in place on both feet, landing with feet apart

HIPS AND HOPS

- 11 - 12 Bump left hip to the left twice
13 Hop in place on both feet, landing with left foot crossed in front of right
14 Hop in place on both feet, landing with feet apart
15 - 16 Bump right hip to the right twice
17 - 20 Bump hips left, right, left, left

SPINNING VINES

- 21 - 23 Right foot step to right. Left foot step to right in front of right foot with a 1/2 turn to the right. Right foot step to left behind left foot with 1/2 turn to the right
24 Clap
25 - 27 Left foot step to left. Right foot step to left in front of left foot with a 1/2 turn to the left. Left foot step to right behind right foot with 1/2 turn to the left
28 Clap

SLAPPIN' AND TRIPLE STEPS

- 29 Kick up right heel behind left leg and slap heel with left hand
30 Kick up right heel in front of left leg and slap heel with left hand
31 & 32 Triple step in place (right, left, right)
33 Kick up left heel behind right leg and slap heel with right hand
34 Kick up left heel in front of right leg and slap heel with right hand
35 & 36 Triple step in place (left, right, left)

WALK FORWARD

- 37 - 40 Walk forward four steps (right, left, right, left)

HOP TURN

- 41 Hop in place on both feet, landing with feet apart
42 Hop in place on both feet, landing with right foot crossed in front of left foot
43 - 44 Keeping feet in place, unwind with a 1/2 turn to the left, taking 2 counts

REPEAT (starting on the "&" of count 44)**"ATTITUDE" OPTION:**

/Once or twice during the dance, someone on the floor will call out "Attitude!" as you start walking forward on counts 37-40. The steps then change to the following for that one time only.

ATTITUDE STANCE

- 41 Stomp right foot and stand still with feet apart
42 - 44 Hold (with attitude)
1 Pivot on left foot 1/2 turn to the left. Stomp right foot and stand still with feet apart
2 - 4 Hold (with attitude)

/Then continue by walking forward on counts 5-6 as before.