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- Intro Only Danced At Beginning Of Track
1 - 8 Nothing
9 - 12 Cross Left Over Right. Unwind Full Turn Over 3 Counts
13 - 16 Touch Left Heel Forward. Hold Position For Start Of Dance
Part A
- Heel Switches, Rock Step, Cross, Unwind Full Turn, Side Rock.**
& 1 Step Left Beside Right. Touch Right Heel Forward.
& 2 Step Right Beside Left. Touch Left Heel Forward.
& 3 Step Left Beside Right. Rock Forward On Right.
4 Rock Back Onto Left.
5 - 6 Cross Right Behind Left. Unwind Full Turn Right (weight End On Right)
7 - 8 Rock Left To Left Side. Rock To Right Side On Right.
- Weave Right With 1/4 Turn, Step Forward, Full Turn, Step.**
9 - 10 Cross Left Over Right. Step Right To Right Side.
11 & 12 Cross Left Behind Right. Step Right 1/4 Turn Right. Step Forward Left.
13 Step Forward Right.
14 On Ball Of Right Turn 1/2 Turn Right, Stepping Back On Left.
15 On Ball Of Left Turn 1/2 Turn Right, Stepping Forward On Right.
16 Step Forward Left.
- Toe Struts, Steps Out, Cross Step, Unwind 1/2 Turn With Hip Bumps.**
17 - 18 Step Right Toe Forward. Drop Right Heel Taking Weight.
19 - 20 Step Left Toe Forward. Drop Left Heel Taking Weight.
Note: Snap Fingers At Shoulder Height As Heels Drop.
& 21 Step Right Diagonally Back. Step Left Shoulder Width Apart From Right.
& 22 Step Right Into Centre. Cross Left Over Right.
23 - 24 Unwind 1/2 Turn Right Bumping Hips Left. Bump Hips Right.
- Toe Struts, Steps Out, Cross Step, Unwind 1/2 Turn With Hip Bumps.**
25 - 32 Repeat Steps 17 - 24 Of Section 3 Leading With Left Toe Strut.
- Cross Step, Weave Right, Unwind 3/4 Turn Right.**
& 33 Step Right In Place. Cross Left Over Right.
34 Step Right To Right Side.
35 - 36 Cross Left Behind Right. Step Right To Right Side.
37 Cross Left Over Right.
38 - 40 Unwind 3/4 Turn Right, Over Three Counts. (weight Ends On Left)
- Shoulder Shimmies, Hip Circles.**
41 - 42 Shimmy Shoulders Forward For Two Counts.
43 - 44 Shimmy Shoulders Back To Upright For Two Counts.
45 - 48 With Weight On Left Circle Hips Clockwise Twice Over Four Counts.
Part B
- Jump Back, Centre, Back Hold, Knee Pops.**
& 1 Jump Feet Apart, Stepping Back - Right, Left.
& 2 Step Right Into Centre. Step Left Into Centre.
& 3 - 4 Jump Feet Apart, Stepping Back - Right, Left. Hold.
5 - 6 Pop Right Knee In. Bring Right Back To Place And Pop Left Knee In.
7 - 8 Repeat Steps 5 - 6 Of This Section.
- Cross Rock Steps, 1/4 Turn Left, Jazz Box.**
9 & Cross Rock Forward On Left. Rock Back Onto Right.
10 & Cross Rock Forward On Left. Rock Back Onto Right
11 & Cross Rock Forward On Left. Rock Back Onto Right.
12 Step Left 1/4 Turn Left.
13 - 15 Cross Right Over Left. Step Back On Left. Step Right To Right Side.

- 16 Step Left Slightly Forward With Right Toe Touched Beside Left.
- Scoots Back, Heel Jack With Hitch, 1/4 Turn Rock, Kick Step Back.**
- 17 - 18 Scoot Back Twice On Left.
& 19 Step Back Right. Touch Left Heel Forward.
& 20 Step Left To Place. Hitch Right Knee In Towards Left.
21 On Ball Of Left Pivot 1/4 Turn Left, Rocking Right To Right Side.
22 Rock Weight Onto Left In Place.
23 & 24 Kick Right Forward. Step Slightly Back Right. Step Slightly Back Left.
- Hitches With 1/4 Turn Touches X 4, Rock Step, Cross, Unwind.**
- & 25 Hitch Right Knee. Pivot 1/4 Turn Left Touching Right To Right Side.
& 26 Hitch Right Knee. Pivot 1/4 Turn Left Touching Right To Right Side.
& 27 & 28 Repeat Steps & 25 & 26 Of This Section.
29 - 30 Rock Forward On Right. Rock Back Onto Left.
31 - 32 Touch Right Toe Behind Left. Unwind 1/2 Turn Right (weight Ends On Left)

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