

STEP FORWARD HOLD, EXTENDED LOCK SHUFFLE FORWARD X 2

- 1 - 2 Step right forward, hold
& Lock left behind right
3 & 4 Step right forward, lock left behind right, step right forward
5 - 8 Repeat 1 - 4 leading left

SYNCOPATED WEAVE RIGHT, ROCK BACK, CHASSE LEFT

- 9 - 10 Step right to right side, step left behind right
& Step right to right side
11 - 12 Step left over right, step right to right side
13 - 14 Rock back on left, forward on right
15 & 16 Step left to left side, close right beside left, step left to left side

TOUCHES x 2, 3/4 TRIPLE RIGHT, SYNCOPATED WEAVE LEFT

- 17 - 18 Touch right toe forward, to right side
19 & 20 Triple step a 3/4 turn right stepping right, left, right
21 - 22 Step left to left side, step right behind left
& Step left to left side
23 - 24 Step right over left, step left to left side

SIDE STEPS IN AND OUT WITH HIP BUMPS

- 25 - 26 Step right slightly to right side while bumping hip left, step left slightly to left side while bumping hips right
27 - 28 Bump hips left then right
29 - 30 Step right back to place while bumping hips left, step left back to place while bumping hips right
31 - 32 Bump hips left then right
& Return hips to centre with weight on left foot

MAMBO ROCK RIGHT FORWARD, MAMBO ROCK LEFT BACK, SIDE ROCK, TRIPLE STEP IN PLACE

- 33 & 34 Rock forward on right, rock back on left, step right beside left,
35 & 36 Rock back on left, rock forward on right, step left beside right,
37 - 38 Rock right to right side, rock left in place,
39 & 40 Triple step right, left, right on the spot. Option:- Triple step a full turn left on steps 39&40

3/4 TURN LEFT, 1/2 LEFT SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

- 41 - 42 Step left a 1/4 turn left, on ball of left turn a 1/2 turn left stepping right back
& On ball of right turn a 1/2 turn left
43 & 44 Step left forward, close right beside left, step left forward
45 - 46 Rock forward on right, back on left
47 & 48 Step right back, step left beside right, step right forward

ROCK FORWARD, 3/4 TRIPLE LEFT, OUT AND IN STEPS FORWARD AND BACK

- 49 - 50 Rock forward on left, back on right
51 & 52 Triple step a 3/4 turn left stepping left, right, left
& Step right slightly forward and out to right diagonal
53 & 54 Step left out and in line with right foot (feet should be nearly at shoulder width), step right slightly forward and into centre, step left to meet right in centre
& Step right slightly back and out to right diagonal
55 & 56 Step left out and in line with right foot (feet should be nearly at shoulder width), Step right slightly back and into centre, step left to meet right in centre

KICK STEP TOUCH BACK, UNWIND 1/2 LEFT SIDE STEP, SAILOR STEP, TOUCHES X 2

- 57 & 58 Kick right forward, step right beside left, touch left toe back
59 - 60 Unwind a 1/2 turn left, step right to right side
61 & 62 Step left behind right, step right in place, step left beside right
63 - 64 Touch right beside left, touch right toe to right side