

**Section 1 Right side Steps x 4**

- 1 - 2 Step Right Foot to right side, Step Left next to right and take the weight onto left  
3 - 4 Step Right Foot to right side, Step Left next to right and take the weight onto left  
5 - 6 Step Right Foot to right side, Step Left next to right and take the weight onto left  
7 - 8 Step Right Foot to right side, Step Left next to right - weight on right

**Section 2 Hip Bumps x8**

- 9 - 10 Bump Hips Left, Bump Hips Right  
11 - 12 Bump Hips Left, Bump Hips Right  
13 - 14 Bump Hips Left, Bump Hips Right  
15 - 16 Bump Hips Left, Bump Hips Right

**Section 3 Left side Steps x4**

- 17 - 18 Left Foot to Left side, Step Right next to left and take the weight onto right  
19 - 20 Left Foot to Left side, Step Right next to left and take the weight onto right  
21 - 22 Left Foot to Left side, Step Right next to left and take the weight onto right  
23 - 24 Left Foot to left side, Step right next to left - weight on left

**Section 4 Hip Bumps x8**

- 25 - 26 Bump Hips Right, Bump Hips Left  
27 - 28 Bump Hips Right, Bump Hips Left  
29 - 30 Bump Hips Right, Bump Hips Left  
31 - 32 Bump Hips Right, Bump Hips Left (weight on left)

**Section 5 Diagonal Step touch Forward, Diagonal Step touch Back, Diagonal Step touch back, Diagonal Step touch Forward**

- 33 - 34 Step right foot diagonally forward, Touch left Toe next to right foot  
35 - 36 Step Left foot diagonally back, Touch Right toe next to left foot  
37 - 38 Step right foot diagonally back, touch left toe next to right foot  
39 - 40 Step Left foot diagonally forward, touch right toe next to left

**Section 6 Diagonal Step touch Forward, Diagonal Step touch Back, Diagonal Step touch back, Diagonal Step touch Forward**

- 41 - 42 Step right foot diagonally forward, Touch left Toe next to right foot  
43 - 44 Step Left foot diagonally back, Touch Right toe next to left foot  
45 - 46 Step right foot diagonally back, touch left toe next to right foot  
47 - 48 Step Left foot diagonally forward, step right foot next to left

**Section 7 Heel Twists x8**

- 49 - 50 Keep toes in place and move heels right, Keep toes in place and move heels left  
51 - 52 Keep toes in place and move heels right, Keep toes in place and move heels left  
53 - 54 Keep toes in place and move heels right, Keep toes in place and move heels left  
55 - 56 Keep toes in place and move heels right, Keep toes in place and move heels back to centre (weight on Left)

**Section 8 Forward Step, 1/4 Pivot Turn, Stomps, Jazz Box**

- 57 - 58 Step Right foot forward, 1/4 turn left (weight on left)  
59 - 60 Stomp Right Foot Next to left, Stomp Left Foot Next to Right Foot  
61 - 62 Cross Step right foot over left foot, Step Back on left foot  
63 - 64 Step right foot to right side, Step Left next to Right (taking the weight)
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