

## Whine Up

### BEGINNER

32 Count 4 Walls

Choreographed by: Mikael Mölsä  
Choreographed to: Whine Up by  
Kat Deluna Featuring Elephant Man

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**Note:** There are restarts on walls 3 & 10. On those walls only dance the first 16 counts then restart the dance. Also on those walls replace the count 16 with a touch together instead of stepping forward.

**1 - 8 SIDE STEPS, ROCK, RECOVER, 1/2 TURN TO LEFT**

1 - 2 Step right to side, step left next to right  
3 - 4 Step right to side, step left next to right  
5 - 6 Step right to side, step left next to right  
7 & 8 Rock right to side, recover weight back to left, turn 1/2 to left and touch right next to left

**9 - 16 SIDE STEPS, ROCK, RECOVER, 1/4 TURN TO LEFT**

1 - 2 Step right to side, step left next to right  
3 - 4 Step right to side, step left next to right  
5 - 6 Step right to side, step left next to right  
7 & 8 Rock right to side, recover weight back to left, turn 1/4 to left and step right forward

**Restarts** The restarts on 3 & 10 happen here.

**17 - 24 MAMBO STEP FORWARD, MAMBO STEP BACK, 1/2 PIVOT TURN, 1/2 TURNING SHUFFLE**

1 & 2 Step left forward, recover weight back to right, step right back  
3 & 4 Step right back, recover weight back to left, step right forward  
5 - 6 Step left forward, turn 1/2 to right  
7 & 8 Turn 1/4 to right and step left to the side, step right next to left, turn 1/4 to right and step left to the side

**25 - 32 HIP ROLLS THAT TURN YOU A FULL TURN TO LEFT**

1 - 2 Step right forward, turn 1/4 to left while rolling your hips  
3 - 4 Step right forward, turn 1/4 to left while rolling your hips  
5 - 6 Step right forward, turn 1/4 to left while rolling your hips  
7 - 8 Step right forward, turn 1/4 to left while rolling your hips