

SYNCOATED CROSSING VINE RIGHT, HEEL SWITCHES, TOUCH

- 1 - 2 Step right side right, step onto ball of left behind right
& 3 - 4 Step ball of right side right and slightly back, cross-step left over right, step right side right
5 & 6 Touch left heel forward, step left next to right, touch right heel forward
& 7 - 8 Step right next to left, touch left heel forward, touch left next to right

SYNCOATED CROSSING VINE LEFT, HEEL SWITCHES, TOUCH

/These 8 counts repeat the previous 8 counts to the left

- 1 - 2 Step left side left, step onto ball of right behind left
& 3 - 4 Step ball of left side left and slightly back, cross-step right over left, step left side left
5 & 6 Touch right heel forward, step right next to left, touch left heel forward
& 7 - 8 Step left next to right, touch right heel forward, touch right next to left

FORWARD HEEL POPS

- 1 & 2 Step right forward (pushing ball of foot into floor), pop right heel up, return to floor (weight right)
3 & 4 Step left forward (pushing ball of foot into floor), pop left heel up, return to floor (weight left)
5 & 6 Step right forward (pushing ball of foot into floor), pop right heel up, return to floor (weight right)
7 & 8 Step left forward (pushing ball of foot into floor), pop left heel up, return to floor (weight left)

ROCK, RETURN, 1/4 RIGHT SHUFFLE, ROCK FORWARD, RETURN, COASTER STEP

- 1 - 2 Rock-step forward onto right, return back onto left in place lifting right foot off the floor
3 & 4 Turning 1/4 right step right side right, step left next to right, step right side right
5 - 6 Rock-step forward onto left, return back onto right in place
7 & 8 Step back onto ball of left, step ball of right next to left, (pushing of ball of right) step left forward

REPEAT