

Section 1 HEEL, STEP BEHIND, HEEL, STEP BEHIND, STEP - ¼ TURN RIGHT, HOLD, STEP STEP - ½ TURN RIGHT

1 Leading with the right heel, step to the right on the right foot

Weight starts on right heel and then rolls through the ball of the foot until foot is weighted

2 Cross left foot behind right foot with left foot taking weight

3-4 Repeat 1-2

5-6 Step ¼ turn to the right on the right foot, hold

7-8 Continue to turn a ¼ turn right stepping on left, complete turn stepping a ½ turn right on the right foot

You will have completed a ¾ turn on 7-8 and will take you back to the front position where you started**Section 2 REPEAT SEQUENCE TO THE LEFT**

1 Leading with the left heel, step to the left on the left foot

Weight starts on left heel and then rolls through the ball of the foot until foot is weighted

2 Cross right foot behind left foot with right foot taking weight

3-4 Repeat 1-2

5-6 Step ¼ turn to the left on the left foot, hold

7-8 Continue to turn a ¼ turn left stepping on right, complete turn stepping a ½ turn left on the left foot

You will have completed a ¾ turn on 7-8 and will take you back to the front position where you started**Section 3 STEP BACK DIAGONAL, TOUCH, STEP BACK DIAGONAL, TOUCH, STEP FORWARD DIAGONAL, HOLD, STEP FORWARD DIAGONAL, HOLD**

1-4 Step back diagonally to the right on the right foot, touch left next to right, step back diagonally to the left on the left foot, touch right next to left

5-8 Step forward diagonally to the right on the right foot, hold, step forward diagonally to the left on the left foot, hold

Weight ends on both feet**Section 4 TURN TOES IN, HOLD, TURN TOES OUT, HOLD, TURN TOES IN-OUT, ¼ TURN LEFT AND LIFT LEFT LEG, STEP**

1-2 With weight on both feet, turn toes of both feet in, Hold

3-4 Turn toes of both feet out, hold

5-6 Turn toes in, turn toes out

7-8 ¼ turn to the left on ball of right foot and lift left leg

(same as a hitch but don't bring left foot to right knee)

8 Step down on left foot in place

Section 5 STEP FORWARD, LIFT LEFT LEG AND TURN FULL TURN, STEP, STEP FORWARD, PIVOT, HOLD

1 Step forward on the right foot

2-3 Lift left leg (low to the ground) and rotate a full turn on the right foot, coming up off of the right heel twice as you turn

4 Step down on the left foot after turn

5-6 Step forward on the right foot, hold

7-8 Pivot a ½ turn left with left taking weight, hold

REPEAT