

# **Bhangra Dance**

64 count, 4 wall, intermediate level Choreographer: Ross Brown (UK) May 2004 Choreographed to: Husan, Bhangra Knights feat. Husan, Now 55 That's What I Call Music

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Count In:24 (full intro) or 8 (when main beat starts)

## SIDE BEHIND &, CROSS, 1/4 STEP BACK, 1/4 ROCK, CROSS SHUFFLE

- 1-2&: Step right to the right, cross step left behind right, step right next to left.
- 3-4: Cross step left over right, step back onto right turning a quarter left.
- 5-6: Rock back with left, recover onto right turning a quarter left.
- 7&8: Cross step left over right, bring right up to left, cross step left over right.

### SIDE ROCK, 1/4 BEHIND SIDE STEP, ROCK FORWARD, COASTER STEP

- 1-2: Rock right to the right, recover onto left.
- 3&4: Cross step right behind left, step left to the left, step forward with right turning a quarter left.
- 5-6: Rock forward with left, recover onto right.
- 7&8: Step back with left, step right next to left, step forward with left.

#### POINT & X4, ROCK BACK, SHUFFLE FORWARD

- 1&: Point right to the right, place right next to left.
- 2&: Point left to the left, place left next to right.
- 3& Point right to the right, place right next to left.
- 4&: Point left to the left, place left next to right.
- 5-6: Rock back with right, recover onto left.
- 7&8: Step forward with right, bring left up to right, step forward with right.
- ALTERNATIVE: 1/2 POINT & X3, POINT &, ROCK FORWARD, 1/2 TURNING SHUFFLE
- 1&: Point right to the right, place right next to left turning a half right.
- 2&: Point left to the left, place left next to right turning a half right.
- 3&: Point right to the right, place right next to left turning a half right.
- 4&: Point left to the left, place left next to right.
- 5-6: Rock forward with right, recover onto left.
- 7&8: Step back with right turning a quarter right, bring left up to right turning a quarter right, step forward with right.

## ROCK FORWARD, COASTER STEP, ROCK, 1/4 STEP, CROSS STEP

- 1-2: Rock forward with left, recover onto right.
- 3&4: Step back with left, step right next to left, step forward with left.
- 5-6: Rock forward with right, recover onto left.
- 7-8: Step back with right turning a quarter right, cross step left over right.

#### **DIAGONAL STEP, 1/4 SWAY HIPS, ROCKING CHAIR**

- 1-2: Step diagonally forward right with right, touch left behind right.
- 3-4: Step left to the left, sway hips left, right whilst turning a quarter left.
- 5-6: Rock forward with right, recover onto left.
- 7-8: Rock back with right, recover onto left.

#### DIAGONAL STEP, 1/4 SWAY HIPS, ROCKING CHAIR

1-8: Repeat last section.

Restart: On wall 2 only, after this section (6), you restart the danc e.

- CROSS ROCK &, CROSS SHUFFLE, 1/4 STEP BACK, 1/4 SIDE STEP, CROSS SHUFFLE 1-2&: Rock right over left, recover onto left, step right next to left.
- 3&4: Cross step left over right, bring right up to left, cross step left over right.
- 5-6: Step back with right turning a quarter left, step left to the left turning a quarter left.
- 7&8: Cross step right over left, bring left up to right, cross step right over left.

# ROCK &, SIDE STRUT, & 1/4 ROCK, WALK, WALK

- 1-2&: Rock left to the left, recover onto right, step left next to right.
- 3-4&: Point right toe to the right, place right heel, step left next to right.
- 5-6: Rock right to the right, recover onto left turning a quarter left.
- 7-8: Walk forward: right, left.
- ENDING: At the end of wall 5. Do steps 1-6 of this section, then do the following two steps.
- 7-8: Walk forward with right, step left next to right striking a pose.