

What A Beautiful Day

64 Count, 2 Wall, Beginner

Choreographer: Rene & Reg Mileham (UK)

February 2011

Choreographed to: Beautiful Sunday by Daniel O'Donnell, CD: The Complete Rock n' Roll Collection

- Section 1 Toe Struts Forward x 2. Right Kick Ball changes x 2**
1 – 2 Step right toe forward. Drop right heel
3 – 4 Step left toe forward. Drop left heel
5 – 6 Right kick Ball change
7 – 8 Right kick Ball change (weight on left foot)
- Section 2 Right Grapevine (can do rolling vine), two small rocks.**
1 – 2 Step right foot to right side-side left behind right
3 – 4 Step right foot to right side - hold(weight on right foot)
5 & 6 Cross left over right – rock back on right
7 & 8 Cross left over right – rock back on right (weight on right foot)
- Section 3 Toe Struts Forward x 2 Left Kick Ball changes x 2**
1 – 2 Step left toe forward. Drop left heel
3 – 4 Step right toe forward. Drop right heel.
5 – 6 Left kick Ball change
7 – 8 Left kick Ball change
- Section 4 Left Grapevine (can do rolling vine), two small rocks.**
1 – 2 Step left foot to left side-step right behind left
3 – 4 Step left foot to left side - hold(weight on left foot)
5 & 6 Cross right over left – rock back on left
7 & 8 Cross right over left – rock back on left (weight on left foot)
- Section 5 Side rock and cross - right and left**
1 – 2 Rock right to right side – recover left
3 – 4 Cross right over left – hold
5 – 6 Rock left to left side – recover right
7 – 8 Cross left over right – hold
- Section 6 Step turn x 4 with 2 x ¼ turns right**
1 – 2 Step right to right side, turning a ¼ right – touch left toe to right foot.
3 – 4 Step left to left side–touch right toe to left foot,
5 – 6 Step right to right side, turning a ¼ right - touch left toe to right foot.
7 – 8 Step left to left side– touch right toe to right foot,
- Section 7 Side rock and cross - right and left**
1 – 2 Rock right to right side – recover left
3 – 4 Cross right over left – hold
5 – 6 Rock left to left side – recover right
7 – 8 Cross left over right – hold
- Section 8 Backward Rumba box**
1 – 2 Step right to right side – step left beside right
3 – 4 Step right backwards – hold
5 – 6 Step left to left side – step right beside left
7 – 8 Step forward left - hold (weight on left) - ready to start dance again.
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