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Western Express

BEGINNER

34 Count 1 Walls

Choreographed by: Janette Sandham & John Sandham Choreographed to: Orange Blossom Special by Mark O'Connor

1 2 3 4	With weight on the balls of the feet move heels apart With weight on the balls of the feet move heels together Move heels apart Move heels together
1 2 3 4	DOWN-UP, DOWN-UP Bend knees Straighten knees Bend knees Straighten knees
1 - 2	/As you are going up and down make "locomotive" driving wheel movements with both arms, like a snow skier Raise right knee twice
	/At same time raise tight band in air and "Pull" that train whistle, twice, with a verbal "Whoo, Whoo"
1 2 3 4	RIGHT GRAPEVINE Right foot step to right side Left foot cross behind right Right foot step to right side Hop on right with 1/2 turn to right
1 2 3 4	LEFT GRAPEVINE Left foot step to left side Cross right foot behind left Left foot step to left side Hop on left foot
1 2 3 4	STEP, HOP, STEP, HOP Step forward on right foot Hop on right foot Step forward on left foot Hop on left foot
1 2 3 4	RIGHT GRAPEVINE Right foot step to right side Cross left foot behind right Step right foot to right side Hop on right with 1/2 turn to the right
1 2 3 4	LEFT GRAPEVINE Left foot step to left side Cross right foot behind left Left foot step to left side Hop on left
1 2 3 4	STEP, HOP, STEP, STOMP Step forward on right foot Hop on right Step forward on left foot Stomp right foot
	REPEAT