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West Coast Boogie

32 Count, 2 Wall, Improver

Choreographer: Rick & Deborah Bates (USA) March 06

Choreographed to: "Mary Lou" by Delbert McClinton

Some Beach" by Blake Shelton

Sho' Enough" by Tommy Castro

Sway, Recover, Back Shuffle, Full CCW Rolling Turn, Back Shuffle

- 1-2 Step forward on RIGHT foot and sway Right hip forward; Rock back onto LEFT foot
3&4 Shuffle back (RIGHT, LEFT, RIGHT)
5-6 Step back on LEFT foot and begin a full CCW rolling turn travelling back; Step on RIGHT foot and complete CCW rolling turn
7&8 Shuffle back (LEFT, RIGHT, LEFT)

Rock Step, Turning Shuffle, Military Pivot, Turning Shuffle

- 9-10 Step back on RIGHT foot; Rock forward onto LEFT foot
11&12 Side shuffle to the right (RIGHT, LEFT, RIGHT) making a 1/4 turn CW with these steps
13 -14 Step forward on LEFT foot; Pivot 1/2 turn CW on ball of Left foot and shift weight to RIGHT foot
15&16 Side shuffle to the left (LEFT, RIGHT, LEFT) making a 1/4 turn CW with these steps

Rock Step, Forward Shuffle, Walk, Walk, Forward Shuffle

- 17-18 Step back on RIGHT foot; Rock forward onto LEFT foot
19&20 Shuffle forward (RIGHT, LEFT, RIGHT)
21-22 Step forward on LEFT foot; Step forward on RIGHT foot
23&24 Shuffle forward (LEFT, RIGHT, LEFT)

Cross, Step Back, Coaster Step, Side Step, Push Pivot, Turning Triple Step

- 25-26 Cross RIGHT foot over Left and step; Step back on LEFT foot
27&28 Step back on RIGHT foot; Step LEFT foot next to Right; Step forward on RIGHT foot
29 -30 Step to the left on LEFT foot; Push off on Left foot and pivot 1/4 turn CCW on ball of RIGHT foot
31&32 Triple step in place (LEFT, RIGHT, LEFT) making a 1/4 turn CCW on these steps