

Welsh Girl Wiggle

IMPROVER

64 Count 4 Walls Choreographed by: Francine Johnson Choreographed to: Sex Bomb by Tom Jones

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1 & 2 3 - 4 5 - 8	2 X KICK BALL CHANGE, STOMPS & CLAPS Kick right foot forward, step weight onto ball of right foot, step weight onto left foot next to right Stomp right foot forward and clap hands Repeat steps 1-4 with left foot leading
9 - 10 11 - 12 13 & 14 15 - 16	1/4 MONTEREY TURN TO RIGHT, CHASSE TO RIGHT SHOULDER WIGGLE KNEES BENT Point right toe to right side, step right heel down, 1/4 to right Point left toe to left side, close left foot to right foot Step right foot small step to right, close left to right, step right foot to right side Bending knees, wiggle shoulders back and forward
17 & 18 19 - 20 21 & 22 23 - 24	CHASSE TO LEFT, SHOULDER WIGGLES, ROCK BACK, STEP FORWARD, 1/2 PIVOT TO LEFT, HOLD Step left foot small step to left, close right foot to left, step left foot to left side Bend knees and wiggle shoulders forward and back Rock back on right foot, recover weight onto left, step forward on right foot 1/2 pivot to left, hold for one count
25 - 26 27 - 28 29 - 32	GRAPEVINE TO LEFT WITH SCUFF, GRAPEVINE TO RIGHT WITH SCUFF Step left foot to left, cross right foot behind left Step left foot to left, scuff right foot forward Repeat steps 25-28 with right foot leading and moving to the right
33 & 34 35 & 36 37 & 38 39 & 40	CHA CHA FORWARD, CHA CHA BACK Step small step forward on left, close right to left, small step forward on left Step small step forward on right, close left to right, small step forward on right Small step back on left, close right foot to left, step small step back on left Small step back on right, close left foot to right, step small step back on right
41 - 42 43 - 44 45 - 48	TURNING GRAPEVINE TO LEFT AND RIGHT WITH CLAPS Step left foot 1/4 to left, on ball of left 1/4 to left, stepping right to right side On ball of right foot, 1/2 turn to left, stepping left to left side, scuff right foot forward and clap hands Repeat steps 41-43 but with right foot leading, travelling to right side, count 48 close left foot to right, transferring weight to right leg
49 - 50 51 - 52 53 - 56	SQUATS TO LEFT & RIGHT (OPTIONAL SHIMMY) Stepping out to left side, centre weight to both legs bending the knees, shoulders can shimmy, and a clap can be added Close left to right, coming into standing position, hold for one count, balancing weight between feet Repeat sequence of steps from 49-52 but in opposite direction right foot lead
57 & 58 59 - 60 61 - 64	RIGHT FORWARD SHUFFLE, STEP FORWARD, HOLD HANDS, PALMS FORWARD SHOULDER HIGH, HOLD X 2 Step forward on right, close left to right, step forward on right Step forward on left, lift hands chest high palms facing forward Repeat counts 57-60