

PART A

- 5 & 6 - 7 & 8 Touch right toe to right, hitch right knee, step right across left, touch left toe to left, hitch left knee, step left across right
- 5 & 6 - 7 & 8 left across right, touch right toe right, hitch right knee, step right across left, touch left toe to left, hitch left knee, step left across right
- 9 - 12 Step forward with right, pivot 1/4 left swivelling hips, step forward right, pivot 1/4 left, swiveling hips
- 13 - 16 Step forward right, bumping hips right, left, right, while pumping fist to right, at hip level, step forward left, bumping hips left, right, left, while pumping fists to left, at hip level
- & 20 Bring right foot to left, pointing toes in (pigeon toes), swivel heels in while moving to right, quickly
- & 20 bring toes together, heels together, toes together, while moving right
- & 24 Bring heels together, bring toes together, moving left. Quickly bring heels together, toes together,
- & 24 heels together, moving left
- & 28 Rock right across left, step left in place, shuffle right, left, right to right
- & 28
- & 29 Rock left across right, step in place right, shuffle left, right, left to left
- & 29

PART B

- & 4 Moving forward, quickly step out, out (right, left). Clap twice. Quickly step in, in (right, left). Clap twice
- & 4
- & 8 Still moving forward, quickly step out, out (right, left), in, in, (right, left), out, out (right, left). Clap twice
- & 8
- 12 Rock out to right with right, step left in place, shuffle right, left, right
- 12
- & 16 Rock out to left with left, step right in place, shuffle left, right, left across right
- & 16
- 19 & 20 Moving backwards, quickly step out, out (right, left), clap twice, in, in (right, left), clap twice
- 19 & 20
- 23 & 24 Still moving backwards, quickly step out, out (right, left), in, in (right, left), out, out (right, left), clap twice
- 23 & 24
- & 28 Rock out to right with right, step left in place, shuffle right, left, right across left
- & 28
- & 32 Rock out to left with left, step right in place, shuffle left, right, left across right
- & 32

REPEAT