

Between Us

32 Count, 4 Wall, Intermediate

Choreographer: Myrtle Guice (USA) Nov 2008
Choreographed to: Between Us by Nyee Moses,
CD: Nyee Moses

Start dancing on lyrics

RIGHT SIDE STEP, LEFT DRAG STEP, RIGHT CROSS, LEFT SIDE STEP, RIGHT & LEFT SAILORS

1-4 Step right to side, drag left next to right, cross right over left, step left to side

5&6 Cross right behind left, step left in place, step right to side

7&8 Cross left behind right, step right in place, step left to side

Styling option: raise right arm while dragging left to right, drop arm and swing to left side while executing left sailor, then to the right when doing right sailor

TOE TOUCHES WITH ¼ RIGHT TURN, RIGHT KICK BALL CHANGE LEFT ¼ SCISSOR TURN, RIGHT ½ SHUFFLE TURN

1-2 Touch right together instep, touch right forward making ¼ right turn

3&4 Kick right forward, step down on right, step left in place

5&6 Step right to side making ¼ left turn, step left together, cross right over left

7&8 Step left back making ¼ right turn, step right to side making ¼ right turn, step left to side

Styling option: place arms to waist high while executing counts 1-8

RIGHT & LEFT ANCHORS, RIGHT & LEFT MAMBO CROSSES

1&2 Rock right forward, recover onto left, rock right forward

3&4 Rock left forward, recover onto right, rock left forward

5&6 Step right to side, step left in place, cross right over left

7&8 Step left to side, step right in place, cross left over right

Styling option: thrust right elbow forward, thrust left elbow forward while executing right & left anchors, spread arms out and cross them over when doing mambo crosses

ROCK, RECOVER, 1 ¼ RIGHT TURN, LEFT CROSS SHUFFLE

1-2 Rock right forward, recover onto left

3&4 Make ½ right shuffle turn stepping right, left, right

5-6 Step left back making ½ right turn, make ¼ right turn stepping right to right side

7&8 Cross left over right, step right to side, cross left over right

ENDING

Turn body to back wall sweeping right arm across body and up to ceiling.

Bend right knee and straighten left leg at the same time. Then, reverse sweeping motion towards front wall raising left arm to meet right arm. This should comprise 8 counts. Bend left knee and straighten right leg. For the final 5 counts, pull both arms back towards body pushing both hips back and lowering head waist high