

Website: www.linedancerweb.com

Email: admin@linedancerweb.com

(32844)

## Weekdays

## **IMPROVER**

40 Count 4 Walls

Choreographed by: Janet Halls & Lisa Firth Choreographed to: Except For Mondays by Lorrie Morgan

Right & Left Camel Walks With Scuffs. Step Forward Right. Slide Left To Lock Behind Right. 1 - 2 Step Forward Right. Scuff Left Beside Right. 3 - 4 Step Forward Left. Slide Right To Lock Behind Left. 5 - 6 7 - 8 Step Forward Left. Scuff Right Beside Left. Step Forward, 1/2 Pivot Left, Step 1/4 Turn Left, Hold. 9 - 10 Step Forward Right. Pivot 1/2 Turn Left (weight Remaining On Right) 11 - 12 Step Left 1/4 Turn Left. Hold. Right Cross Rock, Side, Hold & Left Cross Rock, Side, Hold. 13 - 14 Cross Rock Right Over Left. Rock Back Onto Left. 15 - 16 Step Right To Right Side. Hold. 17 - 18 Cross Rock Left Over Right. Rock Back Onto Right. Step Left To Left Side. Hold. 19 - 20 Cross, Slow Unwind With Hip Roll. 21 Cross Right Over Left. 22 - 24 Slowly Unwind 1/2 Turn Left Over 3 Beats, Rolling Hips Anti Clockwise. Note: Weight Should End On Left Foot After Hip Roll. Coaster Step, Hold, Side Rock, Cross, Hold. 25 - 26 Step Back Right. Step Back Left. 27 - 28 Step Forward Right. Hold. 29 - 30 Rock Left To Left Side. Rock Onto Right In Place. 31 - 32 Cross Left Over Right. Hold. Side Rock, Hold, Coaster Step, Hold. 33 - 34 Rock Right To Right Side. Rock Onto Left In Place. 35 - 36 Cross Right Over Left. Hold. 37 - 38 Step Back Left. Step Back Right. 39 - 40 Step Forward Left. Hold.

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute