

We Only Live Once

32 Count, 4 Wall, Intermediate

Choreographer: Linda Burgess (Australia) June 2014

Choreographed to: We Only Live Once by Shannon Noll

Intro: When the lyrics start... count 1-32... then start on Lyrics "Sky" - Dance turns anti-clockwise

1-8 **SIDE/ROCK, REPLACE, CROSS, BALL, JACK, BALL, CROSS, BALL, JACK, BALL, CROSS, ¼ BACK, ½ FWD**

1&2& Rock/step R to R, replace weight to L, cross/step R over L, step L to L,

3&4 Touch R heel to R45deg, step R slightly back, cross/step L over R

&5&6 Step R to R, touch L heel to L45deg, step L slightly back, cross/step R over L,

7,8 ¼ turn R & step back L, ½ turn R & step fwd R

9-16 **PIVOT ½, SHUFFLE FWD, BOX STEPS BACK DIAGONALLY**

1,2,3&4 Step fwd L, pivot ½ turn R, shuffle fwd L,R,L

5&6 Cross/step R over L, step L back to slight L diagonal, step back to slight R diagonal,

7&8 Cross/step L over R, step R back to slight R diagonal, step L back to slight L diagonal

17-24 **(Body facing centre) CROSS, SIDE, BEHIND, ¼ L, STEP, PIVOT ¼ R, TOGETHER, ROCK/SIDE, REPLACE, TOGETHER, ROCK/SIDE, REPLACE, TOGETHER**

1&2& Cross/step R over L, step L to L, cross/step R behind L, turn ¼ L & step fwd L

3,4 Step fwd R, pivot ¼ turn L (weight to L)

&5,6& Step R beside L, rock/step L to L, replace weight to R, step L beside R,

7,8& Rock/step R to R, replace weight to L, step R beside L

25-32 **¼, ½, ½ SHUFFLE FWD, ROCKING CHAIR, STEP, PIVOT ¾ L**

1,2,3&4 Turn ¼ L & step fwd L, turn ½ L & step back R, turn ½ L & shuffle fwd L,R,L

5&6& Rock/step fwd R, replace weight to L, rock/step back R, replace weight to L,

7,8 Step fwd R, pivot ¾ turn L. (weight to L).
