

RIGHT HEEL GRIND, STEP TOGETHER & HEEL SPLIT TWICE

- 1 Touch right heel forward turning toes toward the left
2 Grind heel turning toes to the right
3 & 4 Step right foot together, split heels apart, turn heels together with weight ending on left foot
5 Touch right heel forward turning toes toward the left
6 Grind heel turning toes to the right
7 & 8 Step right foot together, split heels apart, turn heels together with weight ending on left foot

VINE RIGHT 3, BUMP RIGHT, LEFT, RIGHT, LEFT/RIGHT/LEFT

- 1 - 3 Step right foot to right side, cross left foot behind right and step, step right foot to right side
4 Bump hips right
5 - 6 Bump hips left, right
7 & 8 Bump hips left, right, left with weight ending on right foot (raise left heel off the floor on the last bumps to keep weight on right foot)

VINE LEFT 3 & TOUCH, RIGHT KNEE ROLL WITH 1/4 RIGHT TURN, LEFT KICK BALL CHANGE

- 1 - 4 Step left foot to left side, cross right foot behind left and step, step left foot to left side, touch right toes together
5 Turn right knee in toward left leg and start to roll right knee to the right
6 Pivot 1/4 right on left foot and complete knee roll to the right with weight ending on right foot
7 & 8 Kick left foot forward, step back on ball of left foot, step right foot together

SYNCOPATED SIDE TOUCHES WITH HOLDS, RIGHT CROSS OVER, LEFT SIDE LEFT, RIGHT ROCK BACK & RECOVER

- 1 - 2 Touch left toes to left side, hold
& Step left foot together
3 - 4 Touch right toes to right side, hold
5 - 6 Cross right foot over left and step, step left foot to left side
7 - 8 Step right foot back and rock back, recover weight on left foot

REPEAT