



Script approved by

Frankie Cull

Wash Me Down



INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	2 Drunken Sailor Walks, Right Chasse, Sailor Step, 3/4 Turn Right.		
	1 - 2	Step right over left. Step left across right. (Drunken sailor walks)	Cross Cross	Forward
	3 & 4	Step right to right. Close left beside right. Step right to right.	Side Close Side	Right
	5 & 6	Step left behind right. Step right to right. Step left to left.	Sailor Step	On the spot
	7	Step right 1/4 turn right.	Turn	Turning right
	8	Continue turning another 1/2 turn right stepping back on to left.	Turn	Right
	Section 2	1/4 Turn With Hip Bumps, Hip Walks, 3/4 Turn Left, Cross Walks Back.		
	1 - 2	1/4 turn right stepping right to right and bump hips right <u>twice</u> .	Right Bump	Turning right
	3	Step left slightly forward left with hip bump.	Left	Forward
	4	Step right slightly forward right with hip bump.	Right	
	5 - 6	Step left 1/4 turn left. Make 1/2 turn left stepping back onto right.	Turn Turn	Turning left
	7 - 8	Step left slightly behind right. Step right slightly behind left.	Back Back	Back
	Section 3	Reach & Pull Twice, Chest Sway Recover, Coaster Step.		
	1	Touch left toe back (arms reaching forward, palms down)	Toe	On the spot
	2	Pull hand back pressing hips forward taking weight onto left.	Thrust	
	&	Bring right foot back to meet left taking weight on right.	&	
	3	Touch left toe back (arms reaching forward, palms down)	Toe	
	4	Pull hands back pressing hips forward taking weight onto left.	Thrust	
	5	Sway forward on right, leading with chest.	Sway	
	6	Recover back onto left. (end of B).	Recover	
	7 & 8	Step back right. Step left beside right. Step forward right.	Coaster Step	
	Section 4	Step 1/2 Pivot Right, Rock Step, 1/2 Turn Left Shuffle, Kicks.		
	1	Step forward left (punch both hands straight up palms forward).	Step	Forward
	2	Pivot 1/2 turn right (drop arms down to sides).	1/2 Pivot	Turning right
3 - 4	Rock forward left. Recover on right.	Rock Recover	On the spot	
5 & 6	Turn 1/2 left shuffling forward left, right, left.	Turn Shuffle	Turning left	
7	Kick right across left (punch left fist straight up in air).	Kick	On the spot	
&	Change weight onto right (bring arm down)	&		
8	Kick left across right (punch right fist straight up in air).	Kick		
&	Change weight onto left (bring arm down).	&		

4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Frankie Cull (UK).

Choreographed to:- 'Take Me To The River' by Commitments (Film Soundtrack). Start dance on vocals and has 3 re-starts (132 bpm). Sections 1 - 4 = A, Section 1 - 3 up to steps 6 = B. Sequence: A, B, AA, B, AAAA, B then A until the end. Restarts become obvious with the music.

Music Suggestion:- 'Mustang Sally' by Commitments (116bpm); re-starts **NOT** required.