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# 8 Days A Week

64 count, 4 wall, intermediate level Choreographer: Ros Brander-Stephenson Choreographed to: 8 Days A Week by The **Beatles** 

# SYNCOPATED VINE, ROCK RECOVER, SAILOR 1/4 TURN LEFT

- Step right to right side, cross left behind right 1 - 2 & 3 Step right to right side, cross left over right
- 4 5 Rock right to right side, recover weight onto left
- 6 & 7 Cross right behind left, step left 1/4 turn left, step right in place
- Step left forward

#### **ROCK FORWARD RECOVER, 3/4 TURN RIGHT, ROCK RECOVER, COASTER STEP**

- 9 10Rock forward on right, recover onto left
- 11 & 12 Make 3/4 turn right whilst stepping right, left, right (U turn)
- 13 14 Rock forward on left, recover on right
- 15 & 16 Step back on left, step right in place, step left in place

#### FIGURE 8 GRAPEVINE RIGHT

- Step right to right, step left behind right
- 17 18 19 20 Step right to right making 1/4 turn right, step left forward
- Pivot ½ turn right shifting weight to right foot 21
- 22 Step forward on left, making 1/4 turn right (facing front wall)
- 23 24Step right behind left, step left in place

## 2 RIGHT JAZZ BOXES WITH 1/2 TURN RIGHT

- Step right over left, step back on left making 1/4 turn right
- 27 28 Step right to right side, step left in place
- 29 32 Repeat steps 25 – 28

### **KICK BALL CHANGE & CLAP x 2**

- 33 & 34 Kick right forward, step back on right, step back left
- 35 & 36 Hold and then clap twice
- 37 & 38 Kick left forward, step back on left, step back on right
- 39 & 40 Hold and then clap twice

#### 2 x HALF MONTEREY TURNS WITH CLAPS

- 41 42 Touch right to right, on ball of left pivot ½ turn right, bring right next to left
- 43 & 44 Touch left to left side, whilst bringing left next to right, clap twice
- 45 48 Repeat counts 41 - 44 (facing the back wall weight on right)

## DIAGONAL LEFT KICK BALL CHANGE x 2, ROCK RECOVER, LEFT SAILOR

- Kick left forward, step slightly forward on left, step right in place 49 & 50
- 51 & 52 Repeat counts 49 & 50
- 53 54 Rock left to left, recover on right
- 55 & 56 Cross left behind right, step right to right side, step left in place

## ROCK RECOVER, 3/4 TURN RIGHT, ROCK RECOVER, LEFT COASTER

- 57 58 Rock forward on right, recover on to left
- 59 & 60 Make ¾ turn right, stepping right, left, right (U turn)
- 61` 62 Rock forward on left, recover on right
- 63 & 64 Step back left, step right beside left, step forward left

Note: Start the dance the second time 1/4 left from front wall

On the THIRD and FIFTH wall only dance the first 32 counts then start again at the beginning