

Better Than Today

32 Count, 4 Wall, Improver

Choreographer: Harold Grimshaw (UK) Jan 2014

Choreographed to: Better Than Today by Don Williams,

CD: And So It Goes

FWD, TOUCH, BACK, TOUCH, STEP LOCK STEP, ROCKING CHAIR, PIVOT 1/4 CROSS

- 1& RIGHT FWD, TOUCH LEFT BEHIND
2& LEFT BACK. TOUCH RIGHT IN FRONT
3&4 RIGHT FWD LOCK STEP
5&6& LEFT FWD ROCK, RECOVER, LEFT BACK ROCK, RECOVER
7&8 LEFT FWD, PIVOT 1/4 RIGHT, CROSS LEFT (3 o'clock)

SIDE, BEHIND, SIDE, CROSS ROCK SIDE, BEHIND ROCK 1/4, FWD L R L

- 1&2 RIGHT SIDE, BEHIND, SIDE
3&4 LEFT CROSS ROCK, RECOVER, SIDE (Facing diag Right)
5&6 RIGHT BEHIND ROCK, RECOVER, RIGHT 1/4 RT (6 o'clock)
7&8 FWD LT, RT, LT (Optional Full Turn fwd Rt)

HEEL STRUTS, SIDE ROCK CROSS, SIDE ROCK 1 / 4 TOG, MAMBO ROCK

- 1&2& RIGHT HEEL STRUT, LEFT HEEL STRUT
RESTART (2ND WALL - 3 o'clock),
RESTART (5TH WALL - 3 o'clock)
3&4 RIGHT SIDE ROCK, RECOVER, CROSS RIGHT
5&6 LEFT SIDE ROCK, RECOVER 1/4 RT, LEFT TOGETHER (9 o'clock)
7&8 RIGHT BACK ROCK, RECOVER, RIGHT TOGETHER (Stomp - NO WEIGHT before Restart)

RESTART (3RD WALL - 12 o'clock)

TOUCH OUT, HITCH, TOUCH OUT, BEHIND SIDE FWD, MAMBO FWD, MAMBO BACK

- 1&2 TOUCH LT TO LT, HITCH LEFT KNEE ACROSS RT, TOUCH LT TO LT
3&4 LEFT BEHIND, SIDE, FORWARD
5&6 RIGHT FWD ROCK, RECOVER, RIGHT TOGETHER
7&8 LEFT BACK ROCK, RECOVER, LEFT FORWARD

TAG END 7TH WALL - 9 o'clock

- 1& RIGHT FWD, TOUCH LEFT BEHIND
2& LEFT BACK. TOUCH RIGHT IN FRONT