

Waltzes & Shuffles

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BEGINNER 48 Count 4 Walls Choreographed by: Elaine Dewhirst & Frankie Three Socks Mitchell Choreographed to: Own Heart's Delight by Ian Tyson

WALTZ STEPS

- 1 Step diagonally forward crossing left over right
- 2 3 Step right in place, step left in place
- 4 Step back on the right, 1/2 turn over left shoulder
- 5 6 Step left in place, step right in place
- 7 12 Repeat steps 1-6

MODIFIED SAILOR STEPS

- 13 Step diagonally forward crossing left over right
- 14 Step right to the side, slightly behind left
- 15 Step left to the side (feet now shoulder width apart)
- 16 Step diagonally forward crossing right over left
- 17 Step left to the side, slightly behind right
- 18 Step right to the side (feet now shoulder width apart)
- 19 24 Repeat steps 1-6

1/4 TURN, COASTER STEP, FULL TURN, BOX

- 25 Step diagonally forward crossing left over right
- 26 Step right to the side, slightly behind left
- 27 Step left to the side making a 1/4 turn left by spinning on the ball of right foot
- 28 30 Step forward on right, step left beside right, step back onto right
- 31 33 Step forward on left making a 1/4 turn left, step to the side with the right making a 3/4 turn over left shoulder stepping down on the left
- 34 36 Cross right over left, step back on left, step right in place

CROSS POINT AND HOLD TWICE

- 37 39 Cross left over right, point right to the side and hold for one beat
- 40 42 Cross right behind left, point left to the side and hold for one beat

COASTER STEP AND WALTZ

- 43 45 Step back on the left, step right beside left, step forward on left
- 46 Step forward right spinning 1/2 turn right on ball of right foot
- 47 48 Step left in place, step right in place

REPEAT

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