

8 Days A Week

Phrased, 4 wall, Intermediate level

Choreographer : Tina Argyle (UK) March 2001

Choreographed to : 8 Days A Week by Magill,
The Monster Dance Album; Original track by The
Beatles

Magill track 48 counts. Start on vocals

Beatles track 16 counts. Start on vocals

The sequence for the dance is: AB AB AAB AAB A.

Section A = 32 counts

Right diagonal lock step touch clap. Left diagonal lock step touch clap.

- 1 - 4 Step forward right facing right diagonal, lock left behind right.
Step forward right to right diagonal, touch left at side of right with clap.
5 - 8 Repeat steps 1-4 leading with left to left diagonal.

Right Chasse cross rock left, left 1/4 turn left shuffle, rock forward right.

- 9 & 10 Step right to right side, step left at side of right, step right to right side.
11 - 12 Rock left over right, recover weight onto right.
13 & 14 1/4 turn left stepping onto left, close right beside left, step forward left
15 - 16 Rock forward onto right, recover weight onto left.

Right coaster step, left rock forward, left coaster step, 1/2 pivot turn.

- 17 & 18 Step back right, step back left, step forward right.
19 - 20 Rock forward onto left, recover weight onto right.
21 & 22 Step back left, step back right, step forward left.
23 - 24 Step forward right, 1/2 turn left finishing weight on left.

Touch cross x 2, toe struts back right, left.

- 25 - 26 Touch right toe to right side, cross right over left.
27 - 28 Touch left toe to left side, cross over right.
29 - 30 Touch right toe back, drop right heel to floor.
31 - 32 Touch left toe back, drop left heel to floor.
Note: Coaster steps counts 17 & 18 and 21 & 22 can be replaced with full triple turns.

Section B = 32 counts

Monterey Turn right with touch hold & claps. Reverse Monterey turn left with touch hold & claps.

- 1 - 4 Touch right toe to right side, 1/2 turn right stepping onto right. Touch left toe to left side. HOLD clap & 4.
5 - 8 Tap left toe in place left side, 1/2 turn left stepping onto left. Touch right toe to right side. HOLD clap & 8.

Step 1/2 pivot left. Step, hold clap clap. Step 1/2 pivot right. Step hold clap clap.

- 9 - 12 Step forward right, 1/2 pivot left. Step forward right. HOLD clap & 12.
13 - 16 Step forward left, 1/2 pivot right. Step forward left. HOLD clap & 16.

Right shuffle forward, 1/2 turn right, left shuffle back, 3 walks back hitch & click

- 17 & 18 Step forward right, close left beside right, step right forward. 1/2 turn right on ball of right foot.
19 & 20 Step back left, close right right beside left, step back left.
21 - 24 Walk back right, left, right, hitch left knee clicking fingers at shoulder height.

Step 1/2 turn right hitch, step kick, left shuffle back, right rock back recover.

- 25-26 Step down left, 1/2 turn right on ball of left hitching right knee, clicking fingers at shoulder height.
27-28 Step down right, kick left foot forward.
29 & 30 Step back left, close right beside left, step back left.
31 - 32 Rock back onto right, recover weight onto left.

Don't let the phrasing put you off the music really does tell you what's what!