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- FORWARD SHUFFLES, MAN IN PLACE SHUFFLES/LADY TURN, BACK SHUFFLES**
- 1 - 4 BOTH: Shuffle forward left-right-left, shuffle forward right-left-right
- /Do not disengage hands. Raise Left hands over lady's head as she turns**
- & LADY: 1/2 Turn to the right on right foot
- 5 - 8 MAN: Shuffle in place left-right-left, shuffle in place right-left-right
- LADY: Shuffle backward left-right-left, shuffle backward right-left-right**
- /Couples are now facing each other with left arm over right**
- MAN SMALL STEPS BACK, TOUCH/LADY WALK FORWARD, HAIR BRUSHES**
- /MAN: Mark your position when you start this dance & return there when backing up**
- 9 - 12 MAN: Small step back left-right-left, touch right foot next to left
- LADY: Walk forward left-right-left-right**
- /Hair Brushes during counts 10-11**
- 10 Man raises left hand over lady's head, releases it and puts his hand on lady's right hip. Lady rests her left hand on man's right shoulder
- 11 Same as count 10 with opposite hand, hip and shoulder
- LAMBADA SWAYS**
- 13 - 20 MAN: Step right foot to right while swaying two counts each side, right-left-right-left
- LADY: Step left foot to left while swaying two counts each side, left-right-left-right**
- /Sway should be executed with dipping motion at center point, moving body up at the far right and left**
- MAN VINE LEFT, STEP/LADY VINE LEFT, TOUCH**
- /As couples separate, man takes lady's right hand in his right hand**
- 21 - 24 MAN: Step behind on right foot, step left foot to left, step right foot next to left foot, step left foot next to right foot
- LADY: Step left foot to left, step right foot behind left foot, step left foot to left, touch right foot next to left foot**
- MAN VINE RIGHT, TOUCH/LADY VINE RIGHT, 1/2 TURN, TOUCH**
- /Raise right hands and pass them over lady's head as she turns**
- 25 - 28 MAN: Step right foot to right, step left foot behind right, step right foot to right, touch left foot next to right foot
- LADY: Step right foot to right, step left foot behind right, step right foot to right while turning 1/2 turn to the right, touch left foot next to left foot**
- /Man takes lady's left hand in his left hand. Couples should now be facing the same direction in Indian Position**
- LAMBADA SWAYS**
- 29 - 32 BOTH: Step left foot to left while swaying two counts each side to left-right
- REPEAT**
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