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- & 1 Step forward onto left foot at 45 degrees angle left, step right foot beside left
& 2 Repeat steps &1
& 3 - 4 Step forward on left foot at 45 degrees angle left, touch right toes beside left foot & clap hands
& 5 Step forward on right foot at 45 degrees angle right, step left foot beside right
& 6 Repeat steps & 5
& 7 - 8 Step forward on right foot at 45 degrees angle right, touch left toes beside right, clap
9 - 10 Touch left toe into right instep, touch left heel into right instep
11 & 12 Step left foot across in front of right, step right onto right, step left across in front of right
13 - 14 Touch right toe into left instep, touch right heel into left instep
15 & 16 Step right foot across in front of left, step left onto left, step right across in front of left
17 Left 45 heel tap
18 Switch to a right 45 heel tap placing weight onto left foot
19 Switch to a left 45 heel tap placing weight onto right foot
20 - 21 Repeat steps 18 & 19
22 Tap left toe behind
23 - 24 Step forward onto left foot, kick right foot forward with a clap
25 - 26 Step backwards onto right foot, tap left toe straight behind
27 - 28 Step forward onto left foot, kick right foot forward with a clap
29 & 30 Shuffle right leading right foot right-left-right
31 & 32 Chained shuffle right leading left-right-left
33 - 34 Rock right onto right foot, rock left onto left foot
& 35 Step forward onto right foot & turn 1/4 left onto left foot
& 36 Step forward onto right foot & turn 1/4 left onto left foot
37 - 38 Step forward onto right heel, drop right foot to floor
39 - 40 Step forward onto left heel, drop left foot to floor
41 - 44 Repeat steps 37 to 40
45 - 46 Rock forward onto right foot, rock back onto left foot
47 - 48 Rock back onto right foot, rock forward onto left foot
& 49 Rock forward on right foot & back on left foot
& 50 Rock back on right foot & forward on left foot
& 51 Rock forward on right foot & back on left foot
52 Stomp (stomp up) right foot beside left
53 & 54 Shuffle right leading right foot
55 - 56 Rock backwards onto left foot, rock forward onto right foot
57 & 58 Shuffle left leading left foot
59 - 60 Rock backwards onto right foot, rock forward onto left foot
61 - 62 Touch right toes beside left foot, touch left toes beside right foot
63 - 64 Tap right heel in front at 45 degrees angle right, tap left heel in front at 45 degrees angle left

REPEAT