

Better in Time

32 Count, 2 Wall, Improver level

Choreographer: Elaine Tunnicliffe (UK) March 2008

Choreographed to: Better in Time by Leona Lewis,

CD: Spirit

32 count intro

Step Right, Back Rock, Step Left, Back Rock, Step Behind Turn, Left Lock Step

- 1 & 2 Step right to right side, rock back on left, recover on right
- 3 & 4 Step left to left side, rock back on right, recover on left
- 5 & 6 Step right to right side, cross left behind right, ¼ turn to right on right
- 7 & 8 Step forward on left, lock right behind left, step forward on left

Right Mambo Step, Back Lock Step, Sweep Right, Sweep Left, Right Coaster Step

- 1 & 2 Rock forward on right, recover on left, step back on right
- 3 & 4 Step back on left, lock right in front of left, step back on left
- 5 – 6 Sweep right and step back, sweep left and step back
- 7 & 8 Step back on right, close left to right, step forward on right

Side Rock and Cross, Side Rock and Cross, Step Behind Turn, ½ Pivot and Step

- 1 & 2 Rock left to left side, recover on right, cross left in front of right
- 3 & 4 Rock right to right side, recover on left, cross right in front of left
- 5 & 6 Step left to left side, cross right behind left, ¼ turn to left on left
- 7 & 8 Step forward on right, pivot ½ turn to left, step forward on right

Full Triple Right, Full Triple Left, Forward Mambo Step, Drag Right and Left

- 1 & 2 Turn full triple right on left, right, left
- 3 & 4 Turn full triple left on right, left, right
- 5 & 6 Rock forward on left, recover on right, step back on left
- 7 – 8 Drag back on right, drag back on left