

LEFT SIDE SHUFFLE, ROCK STEP RIGHT

1 & 2 Left side shuffle (left-right-left)
3 - 4 Rock back on right foot, return weight back on left foot

RIGHT SIDE SHUFFLE, ROCK STEP LEFT, QUARTER TURN LEFT

5 & 6 Right side shuffle (right-left-right)
7 - 8 Rock back on left foot, making a quarter left, return weight back on right foot

WALK LEFT, WALK RIGHT, STEP HALF TURN RIGHT

9 - 10 Walk forward on left foot, walk forward on right foot
11 - 12 Step left foot forward, half turn right

WALK LEFT, WALK RIGHT, FORWARD ROCK LEFT

13 - 14 Walk forward on left foot, walk forward on right foot
15 - 16 Rock step forward on left foot, rock back on right foot

SHUFFLES LEFT-RIGHT-LEFT, HALF TURN LEFT, ROCK RIGHT, ROCK LEFT

17 & 18 Shuffle on left, right, left making a half turn left
19 - 20 Rock forward on right foot, rock back on left foot

SHUFFLE RIGHT-LEFT-RIGHT, THREE QUARTER TURN RIGHT, ROCK LEFT, ROCK RIGHT

21 & 22 Shuffle on right, left, right making a three-quarter turn right
23 - 24 Rock forward on left foot, rock back on right foot

SHUFFLE LEFT-RIGHT-LEFT, HALF TURN LEFT, ROCK RIGHT, ROCK LEFT

25 & 26 Shuffle on left, right, left making a half turn left
27 - 28 Rock forward on right foot, rock back on left foot

SHUFFLE RIGHT-LEFT-RIGHT, THREE QUARTER TURN RIGHT, STEP FORWARD LEFT, HALF TURN RIGHT

29 & 30 Shuffle on right, left, right making a three-quarter turn right
31 - 32 Step forward on left foot, turning half turn right (weight on right foot)

REPEAT