

Intro: Start on Main Vocals

Long Intro – When Madonna sings STRIKE A POSE do exactly that!!

Sec 1: Right Monterey, Kick Ball Cross; Left Monterey, Kick Ball Cross

- 1 – 2 Point Right to right side, Turn ½ right, stepping Right next to Left
- 3 & 4 Kick Left forward, step down on Left, Cross Right over Left
- 5 – 6 Point Left to left side, Turn ½ left, stepping Left next to Right
- 7 & 8 Kick Right forward, step down on Right, Cross Left over Right [12]

Sec 2: ¼ left, step back, Back rock, Full turn, Lunge

- 1 – 2 Turn ¼ left and step back on Right, Step back on Left
- 3 – 4 Rock back on Right, recover on Left,
- 5 – 6 Turn ½ left stepping back onto Right, Turn ½ left stepping forward onto Left
- 7 – 8 Lunge forward on Right (Bend R. knee) Recover weight onto Left [9]
Easy option for 5-6 walk forward Right, Left

Sec 3: Step Back, Point, Step Back, Point, Behind, Unwind, Cross rock

- 1 – 2 Step back on Right slightly behind Left, Point Left to left side
- 3 – 4 Step back on Left slightly behind Right, Point Right to right side
- 5 – 6 Cross Right behind Left., unwind ½ turn taking weight on Right
- 7 – 8 Cross rock Left over Right, recover weight on Right [3]

Sec 4: ¼ left, Chase turn left, Left Rocking Chair

- 1 – 2 Turn ¼ left stepping forward on Left, Step forward on Right
- 3 – 4 Turn ½ left, taking weight onto Left, Step forward on Right
- 5 – 6 Rock forward on Left, recover weight on Right
- 7 – 8 Rock back on Left, recover weight on Right [6]

Sec 5: Kick and Point, Kick and Point, Jazz Box Cross

- 1 & 2 Kick Left forward, take weight on Left, Point Right to right side
- 3 & 4 Kick Right forward, take weight on Right, Point Left to left side
- 5 – 6 Cross Left over Right, Step back on Right
- 7 – 8 Step left to left side, Cross Right over Left [6]

Sec 6: Chasse left, Back rock; Chasse right, Back rock

- 1 & 2 Step Left to left side, Step Right next to Left, Step Left to left side
- 3 – 4 Rock back on Right, Recover weight on Left
- ***** Restart here Wall 4 (You will be facing 12 o'clock wall)
- 5 & 6 Step Right to right side, Step Left next to Right, step Right to right side
- 7 – 8 Rock back on Left, Recover weight on Right [6]

Sec 7: Side strut, Cross strut, Side Strut, Side Strut

- 1 – 2 Step Left toe to left side, Drop Left heel
- 3 – 4 Cross Right toe across Left, Drop Right heel
- 5 – 6 Turning Body to left diagonal, Step Left toe to left side, Drop Left heel
- 7 – 8 Turning Body to right diagonal, Step Right toe to right side, Drop Right heel [6]

Sec 8: Syncopated Weave, Side Touches x2

- 1 – 2 Cross Left over Right, Step Right to right side
- 3 & 4 Cross Left behind Right, Step Right to right side, Cross Left over Right
- 5 – 6 Step Right to right side, Touch Left next to Right
- 7 – 8 Step Left to Left side, Touch Right next to Left [6]

Finish - Wall 7 – Dance to count 63 Cross Right over Left and unwind to front