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Vida Loca

**BEGINNER** 

40 Count

Choreographed by: Norma Colvin Choreographed to: Livin' La Vida Loca by Ricky Martin

(USING LATIN MOTION) FORWARD & TOGETHER-REPEAT, HEEL & HEEL & STEP-TURN 1 Rock forward at an angle with right foot across in front of left/shift hip to left & Replace weight to left foot/shift hip to right 2 Step right foot beside left/shift hip to left 3 Rock forward at an angle with left foot across in front of right/same movement & Replace weight to right foot/same movement 4 Step left foot beside right/same movement 5 Touch right heel forward & Step right beside left 6 Touch left heel forward & Step left beside right 7 Step forward with right Turn 1/4 to left keeping weight on left foot 8 1 - 8 Repeat above steps...turning 1/2 to left on count 8 KICK & CROSS, TRIPLE TO RIGHT (USING LATION MOTION RIGHT-LEFT-RIGHT)-REPEAT Kick right foot forward 1 & Replace weight onto right foot 2 Step across right foot with left 3 Step to right with right foot & Step left together with right Step right foot to right 4 5 - 8 Repeat 1-4 beginning with left foot POINT FRONT, SIDE, SLIDE TOGETHER, TURN-REPEAT Point right toes to front 1 Point right toes to right side 2 & Slide right foot together with left 3 Point left toes to left side 4 Pivot 1/4 to left ending with weight on left foot 5 - 8 Repeat 1-4 KICK BALL OUT, STEP IN, IN (USING LATIN MOTION) -KICK BALL OUT, CROSS, TURN 1 Kick right foot forward Return weight to right foot & 2 Step left foot large step to left side 3 Step right foot in toward left foot-straightening left leg and shifting hip to left 4 Step left foot together with right-straightening right leg and shifting hip to right 5 Touch right heel forward Step right foot to right side-using same leg and hip movement & Step left foot to left side-using same leg and hip movement 6 7 Cross right foot over left 8 Unwind-turning 1/2 to left

**REPEAT**