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## Vida Loca

## **BEGINNER**

48 Count

Choreographed by: JJDancers Choreographed to: Livin' La Vida Loca by Ricky Martin

STEP FORWARD, HIP BUMPS Place left foot slightly forward and slightly to left 1 2 Place right foot slightly forward and slightly to right Two hip bumps right 3 - 4 Two hip bumps left 5 - 6 7 - 8 Two hip bumps right BACK, FORWARD, HEAD TURN, HOLD, HIP GRIND 1/4 TURN LEFT 9 Place left foot back Place right foot forward 10 Turn head to look left - keeping feet still 11 12 Hold 13 - 16 Grind hips in circular motion twice to make 1/4 turn left **GRAPEVINE RIGHT WITH 1/4 TURN, JUMP FORWARD, JUMP BACK** 17 Step to right foot to right side Step left foot behind right foot 18 19 Step to right with right foot 20 Turn 1/4 turn right and bring feet together Jump forward feet apart (right, left) 21 - 22 23 - 24Jump back feet apart (right left) **TOE SWITCHES** 25 Point right toe out to right side Bring right foot back next to left foot, transfer weight and point left toe out to left side 26 27 Bring left foot back next to right foot, transfer weight and point right to out to right side 28 Hold 29 Bring right foot back next to left foot, transfer weight and point left toe out to left side 30 Bring left foot back next to right foot, transfer weight and point right toe out to right side 31 Bring right foot back next to left foot, transfer weight and point left toe out to left side 32 Hold **MONTEREY 1/2 TURN, TOE STRUTS** 33 Bring left foot next to right foot, transfer weight and point right toe out to right side 34 Turn 1/2 turn right on ball of left foot, bring feet together 35 Point left toe out to left side 36 Bring feet together 37 - 38Toe strut right toe in front 39 - 40 Toe strut left toe in front STEP, SHIMMY & SLIDE 41 - 44 Step right foot to right side and shimmy, slide left foot next to right Step left foot to left side and shimmy, slide right foot next to left 45 - 48

**REPEAT**