



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Best Years Of Our Lives

32 count, 4 wall, beginner/intermediate level
Choreographer: Sophie Turner (UK) June 2002
Choreographed to: Best Years Of Our Lives by
Baha Men, Shrek Soundtrack

Rocking chair, touch and turn, right shuffle forward

1-2 Rock forward on right, rock back on left
3-4 Rock back on right, rock forward on left
5-6 Touch right forward, pivot ½ turn
7 & 8 Right shuffle forward, right left right shuffle

Rocking chair, touch and turn, left shuffle forward

9-10 Rock forward on left, rock back on right
11-12 Rock back on left, rock forward on right
13-14 Touch left forward, pivot ½ turn
15 & 16 Left shuffle forward, left right left

Rock and cross, rock and cross, side, behind, ¼ turn and shuffle

17 & 18 Rock to side on right, recover on left, cross right over left
19 & 20 Rock to side on left, recover on right, cross left over right
21 - 22 Step to side on right, step behind on left
23 & 24 ¼ turn to right, right shuffle forward, right left right

Rock, rock, walk, walk, touch, kick, triple step

25-26 Rock forward on left, rock back on right
27-28 Walk back left, walk back right
29-30 Touch left toe across right foot, kick left foot forward
31 & 32 Triple step left right left
