

Us (aka She & I)

64 Count, 4 Wall, Intermediate

Choreographer: Gordon Elliott (Aus) June 2014

Choreographed to: She And I by Toby Keith (114 bpm)

Intro: 32

1 FORWARD, FORWARD, KICK BALL STEP, FORWARD, ROCK, COASTER CROSS

- 1-2 Step right forward, step left forward
- 3&4 Right kick ball step
- 5-6 Rock right forward, recover to left
- 7&8 Right coaster step

2 SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, BEHIND & ACROSS, TOUCH

- 1-2 Rock left side, recover to right
- 3&4 Behind-side-cross left-right-left
- 5-6& Step right side, cross left behind, step right side
- 7-8 Cross left over, touch right side

3 SAILOR STEP, SAILOR STEP, BEHIND, ½ UNWIND, ACROSS, ROCK

- 1&2 Right sailor step
- 3&4 Left sailor step
- 5-6 Touch right back, unwind ½ right (weight to right)
- 7-8 Cross/rock left over, recover to right

4 ¼ SHUFFLE FORWARD, ½ SHUFFLE BACK, COASTER STEP, FORWARD, FORWARD

- 1&2 Turn ¼ left and chassé forward left-right-left
- 3&4 Turn ½ left and chassé back right-left-right
- 5&6 Left coaster step
- 7-8 Step right forward, step left forward

5 TOUCH & TOUCH & HEEL & HEEL & ROCKING CHAIR

- 1& Touch right side, step right together
- 2& Touch left side, step left together
- 3& Touch right heel forward, step right together
- 4& Touch left heel forward, step left together
- 5-6 Rock right forward, recover to left
- 7-8 Rock right back, recover to left

6 FORWARD, ROCK, BACK, HOLD & BACK, HOLD & BACK, ROCK

- 1-2 Rock right forward, recover to left
- 3-4& Step right back, clap, step left together
- 5-6& Step right back, clap, step left together
- 7-8 Rock right back, recover to left

Restart here on walls 2 and 4

7 ½ TURN, ½ TURN, OUT-OUT-IN-IN, BOUNCE, BOUNCE TURN

- 1-2 Step right forward, turn ½ left (weight to left)
- 3-4 Step right forward, turn ½ left (weight to left)
- &5 Step right side, step left side
- &6 Step right home, step left together
- 7-8 Bounce heels twice

8 FORWARD, ½ BACK, COASTER STEP, FORWARD, ½ BACK, COASTER STEP

- 1-2 Step right forward, turn ½ right and step left back
- 3&4 Right coaster step
- 5-6 Step left forward, turn ½ left and step right back
- 7&8 Left coaster step

RESTART On wall 2 & wall 4 dance to count 48 and restart the dance at the beginning.