

ROCK FORWARD RIGHT, ROCK BACK RIGHT, WALKS TO DIAGONALS

- 1 - 2 Rock right foot forward, recover weight on left
3 - 4 Rock right foot back, recover weight on left
5 - 6 Step right foot to left diagonal, hold for 1 count
7 - 8 Step left foot to right diagonal, hold for 1 count

STEP, TOE TOUCH, HOLD, HIP CIRCLE LEFT, 1/4 TURN COASTER STEP, 1/4 PIVOT

- & 1 - 2 Step right foot to right side, touch left toe to left side, hold for 1 count
3 - 4 Hip circle left
5 & 6 Step left foot back a 1/4 left, step right foot beside left, step forward left
7 - 8 Step right foot forward, pivot a 1/4 turn left
17 - 32 Repeat counts 1-16

STEP WITH SNAKE ROLL, SAILOR STEP, HITCH, TOE TOUCH (TWICE)

- 1 - 2 With a snake roll to the right, step right foot to right side, raise left foot slightly off the floor
3 - 4 With a snake roll to the left, step left foot to left side, raise right foot slightly off the floor

/Alternatively, replace the snake rolls with shoulder shakes, or 'shimmies'

- 5 & 6 Right sailor step
7 - 8 Hitch left knee, touch the ball of the left foot to the left side

2 X KNEE ROLLS, SAILOR STEP, HITCH, 1/4 TURN STEP

- 1 - 42 Left knee rolls

/Optional - add left hip rolls as you roll the knee

- 5 & 6 Left sailor step
7 - 8 Hitch right knee, step right foot a 1/4 turn to the right side

ROCK, RECOVER, STEP 1/2 TURN, HOLD

- 1 - 2 Rock left foot forward, recover weight on right
3 - 4 Step left foot a 1/2 turn left, hold for 1 count
5 - 6 Rock right foot forward, recover weight on left
7 - 8 Step right foot a 1/2 turn right, hold for 1 count

ROCK, RECOVER, STEP 1/2 TURN, HOLD, 1/4 PIVOT, 1/4 PIVOT

- 1 - 2 Rock left foot forward, recover weight on right
3 - 4 Step left foot a 1/2 turn left, hold for 1 count
5 - 6 Step right foot forward, 1/4 pivot left
7 - 8 Step right foot forward, 1/4 pivot left

STAMP, HOLD, STAMP, HOLD, STAMPS MOVING FORWARD

- 1 - 2 Stamp right foot to left diagonal, hold for 1 count
3 - 4 Stamp left foot to left diagonal, hold for 1 count
5 - 6 Stamp right foot forward, stamp left foot forward
7 - 8 Repeat counts 5, 6

KICK FORWARD, KICK SIDE, KICK SIDE, KICK FORWARD

- 1 - 2 Kick right foot forward, step right foot back
3 - 4 Kick left foot to left side, step left foot behind right
5 - 6 Kick right foot to right side, step right foot behind left
7 - 8 Kick left foot forward, step left foot back

REPEAT