

Up!

64 count, 4 wall, intermediate level

Choreographer: Stephen Gell (UK) Feb 03

Choreographed to: Up! by Shania Twain From The

Album Up!, bpm 126

1-8 Right Shuffle, Rock, Rock, Left Coaster Step, Rock, Rock

1&2 Step forward right, close left beside right, step forward right

3-4 Rock forward on left, rock back on right

5&6 Step back left, step right beside left, step forward left

7-8 Rock forward on right, rock back on left

9-16 Right ½ Turn Shuffle, Rock, Rock, Left Coaster Step, Right Shuffle

1&2 Shuffle right, left, right making ½ turn right (6:00)

3-4 Rock forward on left, rock back on right

5&6 Step back left, step right beside left, step forward left

7&8 Step forward right, close left beside right, step forward right

17-24 Rock, Rock, Left Coaster Step, Rock, Rock, Right ¾ Turn Shuffle

1-2 Rock forward on left, rock back on right

3&4 Step back left, step right beside left, step forward left

5-6 Rock forward on right, rock back on left

7&8 Shuffle right, left, right making ¾ turn right (3:00)

25-32 Point Left Cross, Point Right Cross, Back Shuffle, Right Side Shuffle

1-2 Point left toe to left side, cross left over right

3-4 Point right toe to right side, cross right over left (keep whight on left foot ready to go back)

5&6 Step back on left, close right foot in front of left, step back left

7&8 Step right to right side, close left next to right, step right to right side

33-40 Rock, Rock, Left Side Shuffle, Rock, Rock, Side, Hold

1-2 Rock back on left, rock forward on right

3&4 Step left foot to left side, close right next to left, step left foot to left side

5-6 Rock back on right, rock forward on left

7-8 Step right foot to right side, hold

41-48 ½ Turn Left, x2 ¼ Monterey Turn Right, Step, Turn, Step

1-2 Make ½ turn left stepping left to left side (9:00), Hold

3-4 Touch right to right side Make ¼ turn right closing left next to right (12:00)

5-6 Touch right to right side Make ¼ turn right closing left next to right (3:00)

7&8 Step forward right make ½ left, step forward right

49-56 Hold, Step, Turn, Step, Hold, Step, Turn, Step, Right Jaz Box, Right Side Shuffle

1&2 Hold, step forward left make ½ right, step forward left

3-4 Step right foot across left, step back on left

5-6 Step right to right side, step left beside right

7&8 Step right to right side, close left next to right, step right to right side

57-64 Rock, Rock, Step, ½ Turn Right, Hold, ½ Turn Right, Rock, Rock

1-2 Rock back on left, rock forward on right

3-4 Step left to left side, make ½ turn right stepping right to right side (9:00)

5-6 Hold, make ½ turn right stepping left to left side (3:00)

7-8 Rock back on right, rock forward on left

Start Again